he spirits residing in the natural world have much I to share, and the secrets of their forgotten language are now available to you through The Spirit Animal Oracle. They urge us to reclaim our essential Truth—that we are one in Spirit, connected to every living thing on this earth in a unified consciousness. With the draw of a card, you can share in this wisdom and better navigate your life, move beyond the obstacles of your perceived limitations, and tune in to your infinite potential.

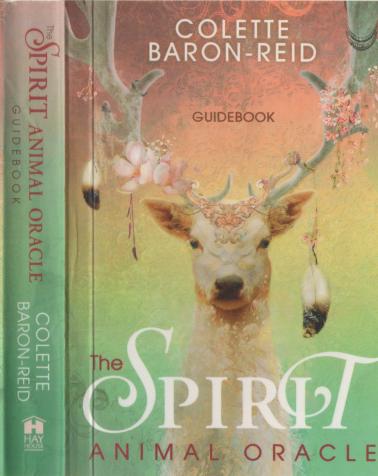
Represented in the 68 cards of this beautifully illustrated oracle card deck are the Higher Spirits of different animals, insects, fish, and birds. Every animal has a transcendent archetypal symbolism, a universal meaning holding a message of deep, enduring truth. With guidance from intuitive master and oracle expert Colette Baron-Reid, you can now awaken to your partnership with Spirit to co-create your reality in service to the world.



Colette Baron-Reid is an internationally respected spiritual intuitive, psychic medium, educator, and oracle expert. She is the founder of Oracle School, and her best-selling books and oracle cards are published worldwide in 27 languages. Website: colettebaronreid.com

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GUIDEBOOK

COLETTE BARON-REID



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WELCOME. SEEKER

Something magical is stirring in the heart of our beautiful planet these days. Can you feel it too? We have come to a time of great disconnection, unprecedented in the human story. We're also at a crucial choice point in our evolution, an invitation to reclaim our essential Truth—that we are one in Spirit, entwined together in a unified consciousness that intrinsically connects every living thing on this earth.

Those of us who are called to reconnect and release our false perceptions of a separated and disconnected world have, in response, begun again to remember. We feel a powerful longing for a deeper connection to life, to each other, to Spirit, and to the planet as we enter a new era of accelerated awakening. Out of the darkest night, the light shines ever more brightly!

The veils between the material world and the mystical are thinning, and many of us are hearkening to the call to renew the sacred connection between Spirit and matter. We have come to have glimpses of the unity that connects all that is. And so we are choosing a direct and intimate dialogue with Spirit for the highest good, turning to ancient mystical traditions—not just out of a desire to reconnect to something larger than ourselves but for practical advice.

Unlike the designated priests or priestesses of the distant past, dutifully carrying out the responsibilities determined by those appointed as spiritual leaders, modern mystics forge their own path. And they may not necessarily be psychics or even healers, but they are household practitioners of spiritual wisdom—mothers, fathers, lawyers, baristas, artists, accountants, etc. Modern mystics are people of all ages, shapes, colors, and sizes; all along the spectrum of gender identities and sexual orientations; both sophisticated and simple in their approach to understanding the mysteries.

There are no barriers to a strong partner-ship with Spirit other than the ones we have chosen to construct and can choose to remove at any time. All you need to become a modern mystic is an open mind, the curiosity of a child, and the willingness to enter a new kind of conversation—one that perhaps will seem at first unfamiliar but one I promise your soul will recognize immediately. You will feel your heart's longing for magic come to life as you listen to the messages Spirit has for you and feel your interconnectedness with Spirit. Exhilaration and joy spring up when you experience your first epiphany, your first step into transformation.

There is much we have forgotten and much we need to remember, but it will come back to us if we make time for dialogue with Spirit, who has been reaching out and speaking to us all along. Our ancestors knew the sacred language for this divine communication, as did the sages of classical civilizations and the wisdom keepers of indigenous traditions who had great reverence for the power of sacred dialogue between people and the Divine.

The fact that you are reading this tells me that you have heard the call to open a conversation with Spirit—with the intelligent, conscious universe that you are an intrinsic part of. Using this deck, you will learn how to tap into the wisdom of the hidden realms so that you may act in a manner that will bring purpose, meaning, magic, and prosperity to your life. Welcome, seeker, for you've come to the right place!

INTRODUCTION

An oracle is a form of wise guidance, a way to have direct communication with Spirit and your Higher Self for the highest good. Working with these cards daily as a spiritual practice will allow you to make better decisions, feel supported and witnessed by a Power greater than yourself, and help you reclaim your innate and natural gift of intuitive insight. Use this deck with reverence as you come to know the different symbols and their wisdom. You will be amazed by the gifts waiting for your discovery.

You are a spiritual being having a human experience, evolving at lightning speed in an uncertain world. Isn't it wonderful to know you have instant insight and guidance from Spirit whenever and wherever you need it?

Welcome to the world of the Spirit Animal Oracle!

How Oracle Cards Work

Every oracle has a lexicon, or matrix, through which communication works. Just as the many letters in the alphabet can be combined in different ways to form words and sentences that convey meaning, so too is there a system that allows an oracle to "speak." The language of an oracle system is images, symbols, and metaphors. Think of the saying "a picture is worth a thousand words"; the same is true when you use this oracle deck to receive messages from Spirit.

The messages are delivered through synchronicity; that is, through meaningful coincidence—a phenomenon that can't be explained by logic. Synchronicities remind us that the fabric of reality is governed not just by the laws of science and intellect but also by a Great Mystery that shows us evidence of its underlying "mechanics" even as it withholds understanding, for not all is meant to be known in this lifetime. Trust and Faith in the Unseen is not rational, but this is what we must do if

we are to align with the mystical side of life. Figuring out our plan, using our brains to help us fathom the past and strategize about the future, is of some value. But we forget that as humans, we have an unquantifiable soul and heart, each always connected to the wisdom of Spirit. We must learn to honor the spirit side of life and the gifts we receive that cannot be explained through logic. Only then will we remember our true nature as spiritual beings who are part of a vast network of souls and spirits woven together in the tapestry of life.

Why This Deck

I am one of those called to the task of divine communication, and this oracle is my offering to you on behalf of Spirit who inspired me to create it, channeling divine wisdom through me.

Nature is the long-lost instrument of divine communication and expression that has lain hidden in plain sight since time began. The essence of Spirit is always guiding us, always ready to communicate wisdom, quite often

through sentient beings and signs in nature. All animals and insects—whether two- or multilegged, feathered or finned, from water, earth, or sky—have the potential to deliver a special message aligned with your authentic need, arriving at just the right time and place.

I've always felt a longing to birth an oracle into the world that honors the spirit of the animals that share our planet. Animals are allies for our souls and act as our teachers and sacred healers—a truth our disconnected way of life has often blinded us to. In a way, I've heard the guidance to teach about animals as if it were an echo resounding through the caverns of consciousness, beckoning for my attention, asking me to listen.

I've been privileged to bring to life many oracle decks, with some special animal symbolism that graced their cards, but I have known that to fully honor the world of the Spirit Animal, I needed to create a comprehensive oracle that would stand alone. I knew this deck would speak for itself as a conduit for Spirit in a divine

dialogue for each seeker who would choose to begin the conversation.

I've always had an intimate and uncanny connection to animals. Since childhood, I have known their presence commanded a different sort of knowing: The world around us is rich with Soul; every animal has a transcendent archetypal symbolism, a universal meaning holding a message of deep, enduring truth. It felt as though the archetypal Self of the animals were speaking to me, transcending my personal experience yet communicating to me in a deeply intimate way, reminding me of the web of life and the stories that rise up from the unconscious when we sit in quiet reflection, willing to listen. I noticed on many occasions that just when I needed confirmation about something important, a raven would appear; when I needed direction, a dragonfly would land on my hand, comforting me and reassuring me that I am never alone in this interconnected matrix of being and that I am always loved.

Why are we so unaware of this magical ability of ours to communicate with Spirit through nature and her animals? Collectively, we have become disconnected from our awareness that we share the same origins and spirit as the winged ones; the furry ones; the scaly ones; the ones who dwell under the surface of the water, on the earth, and in the skies. Whether we acknowledge it or not, we all share a deep longing to establish a reconnection to our Source, to our sacred beginnings and all our relations that reside alongside us. We feel the yearning even though we have long lost the understanding of and reverence for such potent earth-wisdom.

And we need it now more than ever.

Although like most people, you may have long lost your natural ability to decipher the communication offered to us via the natural world, somewhere inside you is a vestigial memory of a time when a Spirit Animal called to your ancestors. Ancient wisdom keepers knew the symbolism inherent in each animal, insect, bird, or fish, and how their very presence was a form of communication, their movements a

sacred language that conveyed layers of truth more than words could ever offer. Our ancestors knew that a bird that came when new life was waiting was not just a bird anymore but Bird Spirit, bringing a message both universal and intensely personal.

Your soul remembers, however. You're invited now to share in this wisdom so that you may better navigate your life, move beyond the obstacles of your perceived limitations, and tune in to your infinite potential as you enter a new world of sacred dialogue for practical guidance in your everyday life. The spirits residing in the natural world have much to share, and the secrets of their forgotten language are now available to you.

About the Spirit Animals and Their Meanings

This oracle card deck has 68 cards, each represented by the Higher Spirit of an animal, insect, fish, or bird. The artwork represents the animal in spiritual form, so you will see a more mystical representation of it rather than literal

one. When you pull a card that shows Dog Spirit, for example, this is a symbol not of a dog with which you have a personal relationship but the spiritual essence of Dog, which implies an overarching theme of loyalty and unconditional love. If Owl Spirit is the card you choose, it is not depicting the owl in your backyard or nearby woods. Instead, the Owl Spirit card is depicting the essence of Owl: the ability to see in the dark when your journey is obscured by lack of clarity. Owl Spirit lets you know when it is time to let things die, releasing that which no longer serves.

Each Spirit Animal represented in *The Spirit Animal Oracle* is a metaphor or symbolic representation to remind you of a theme or organizing principle. As in the natural world, there are overlaps among the themes represented by each Spirit Animal, for all is woven into one life force. Each Spirit Animal has a distinct message for you that can help you leave behind the limitations of the logical mind and better understand the hidden

influences on you and your life, know where your path is heading, and see the next right action for your highest good.

The cards are not meant to depict all nature nor all the animals that share the earth. You might have associations with the Spirit Animals that are different from those you find here, and I ask you to be open to this oracle's interpretation of each Spirit Animal's power. The animals whose images grace this oracle chose themselves to be part of this when I opened myself to their wise guidance. There is no specific balance between creatures of water, earth, and sky. The animals not only made themselves known to me but also made sure I understood how they wanted to convey their love and guidance to you. So even when I wanted to put a particular animal into the deck, many quickly took themselves out!

If your favorite animal is not in the deck, perhaps its message was channeled through another Spirit Animal. For example, I was challenged by Kangaroo Spirit and Grasshopper Spirit, and because there was so much similarity in their message to you, only one chose themselves to remain. They really did self-select! I wanted Kangaroo for my Australian fans, but every time I put her in the deck she bounced right out again!

So get to know this oracle and the specific Spirit Animals that have made themselves at home. Don't assume you completely understand the meaning of each card before you have even begun to work with the deck. There will be surprising and perhaps even contradictory meanings here.

If you have worked with the spirits of animals before, you may discover unexpected associations with them. I did ask for as many Spirit Animals from multiple continents to show up as possible so that you might discover more about the archetypal Spirit Animals from around the globe and feel more connected to them.

This extensive guidebook was written for you to understand what the cards mean and how to decipher the message when you do a reading. Give yourself time to let the communication

from the oracle percolate. You may even need a few days to integrate its wisdom. Just be patient with yourself, especially if you are new to working with oracles. Over time, you will begin to recognize immediately the wisdom offered here whenever you do a reading.

At the very least, keep an open mind and have fun as you allow *The Spirit Animal Oracle* to express itself to you for the highest good as it bridges the Spirit world and the material world. Let it guide you when the world seems to be spinning so fast that it is causing you to lose your bearings. It's time to awaken to the truth that the hidden realms are as real as the realms we see, hear, and touch—and that you are so much more than you know yourself to be, for you are an expression of the divine interacting with a web of life that welcomes you, supports you, and always, always loves you.



HOW TO WORK WITH THE SPIRIT ANIMAL ORACLE

These cards are meant to be a form of reflection and guidance so you can be awake and aware of your partnership with Spirit to co-create your reality in service to the world. When you are happy and successful and in tune with Nature and Universal Law, you are modeling this for others. Your expression of your highest good bringing your authenticity and unique gifts to the world adds Light to the Light we all share.

Get to know your deck and play with it a while, meditate on it. You will then feel its soul, its very essence, reaching out to help guide you and keep you connected to the highest truth and goodness for your life. Working oracles are like unique living beings that hold a language, a lexicon of images and meanings, that facilitate your mapping out your story in motion and

accepting your role as co-creator, accountable for your part in making art from your life.

Here are some guidelines for how to use these cards:

— Always ask your question with an openended potential for the cards to begin a conversation with you. *Never* ask a question that encourages a yes-or-no answer. The universe is much chattier than that! The cards will always mirror your dominant energy and show you where you are, sometimes snapping you out of denial in a much needed moment of clarity. They are a direct dial to the Divine, and you can be assured of the instant insight they provide.

— A gentle warning: Do not try to find certainty in a future that has not transpired as of yet, or you rob yourself of your own power to create your world. Ask only what you need to know to stay in alignment with your highest intentions, and how to understand your circumstances with greater clarity. Your future is always only a potential or probability based on your vantage point and frequency at the time of the reading.

Card Spreads

Before you do your reading, decide which spread you are going to choose, as the positions are important. Remember you are asking for guidance for the highest good, so approach your reading calmly, humbly, and with an open heart and mind.

Shuffle your cards, making sure you have enough movement so that some cards are upright and some are upside down. I like to lay my cards out on a table first and swirl them around and around, then put them back into a unified pile.

I always say this prayer: "Let this guidance come for the highest good. Show me the correct path and the way forward so that I may serve the Light and bring beauty and goodness to the world. Show me the Way. Let there only be Light and Love, and let the Truth be revealed."

When you read the cards, upright cards will hold the "oracle message" in this guide-book. Cards that are upside down are guiding you to the "protection message."

One-Card Reading

Ask your question as you shuffle, then flip the top card over.

Two-Card Reading



Ask your question as you shuffle; then flip the top two cards over, laying them side by side. The first position anchors us in the dominant thought or concept to pay attention to. The second position tells us what to do for our next right action.

Three-Card Readings

These are two examples of reading spreads that I find very helpful.



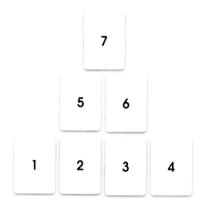
Three-Card Reading, Version One:

- Position 1: What do I need to know now about this situation for my highest good?
- Position 2: What is my next right action to stay in alignment with my highest intentions?
- Position 3: Where could this evolve if I remain on this path?

Three-Card Reading, Version Two:

- Position 1: What is in motion now?
- Position 2: What are the underlying hidden influences here?
- Position 3: What do I do now to remain on this path or course correct to remain in alignment with the highest good?

Seven-Card New Moon Reading



This spread is useful to do at the beginning of each New Moon cycle to see which Animal Spirit has chosen to help you that month in seven specific areas of your life.

The cards you choose after shuffling pertain to each of the following subjects:

- 1: survival, money, tangible assets, work
- 2: intimate relationships, family dynamics, friendships, and your tribe
- 3: your personal power, self-worth, and how you show up in the world
- 4: deeper connections to life, healing past patterns, and support for overall well-being and happiness
- 5: communication, being heard, owning your voice, and how you say who you are to others
- 6: imagination, vision, and creativity
- 7: intuition, spirituality, and your relationship to a Higher Power

The best way to understand the guidance for this seven-card reading is to choose your cards for each position, and then ponder the relationship of the energy of the Spirit Animal that has come to aid you in each of the seven subjects. What gift does this Spirit Animal offer you? What can you learn from them? If you set your intention to improve this area, how does this Spirit Animal guide you toward your highest good? Spend some time journaling about each Spirit Animal, how they pertain to you, and how you might accept their help and guidance.

Between New Moon cycles, on each Monday, you can shuffle your deck and choose a card to see what guardian Spirit Animal presides over that week.

Track your story and your progress each month. At the end of the year, you will see how you have always had help and loving guidance every step of your journey and in all aspects of your life.

A Message for You from the Cards

I asked *The Spirit Animal Oracle* to speak to you, the new user, so its essence can begin to communicate with you directly.

The one-card reading question I posed was: "What can a first-time user expect when they begin to work with these new cards that I've been privileged to co-create?"

Oracle Message: Beaver Spirit is here to tell you about a power living within you that is born of Spirit, the Source from which all life arises. This is the power to establish the sacred connection with the universal consciousness so you can deliberately co-create the world you desire. Know that it takes work, determination, and sustained effort to co-create and lay a solid foundation for your dreams. If, with Spirit as your partner, you bring the twigs and branches of your intentions and desires and spread them across the river of time, you'll be amazed at what you can do. You will find that you can even change the direction of the flow of life. You can ensure that your world will be

prosperous and purposeful, filled with love and joy, and rich with magic and meaning. That which you desire will come to you and remain sustainably if you build on a sturdy foundation. Keep your intention and energy consistent and deliberate, using all your resources and the energy of this wonderful, productive time. Have faith, for with Spirit to co-create with you, your success is assured. Spirit is your partner, helping you along as you change the course of your life in the way your heart desires.

Of course! This is my wish for you: that you will use this guidance system to help you become the person you were meant to be—a unique, inspired, authentic person who can weave magic and light into the world. Beaver Spirit reminds us that you have to set a solid foundation, and I hope that working with this card deck gives you that foundation.

Then for the two-card reading, I asked, "What does the new user need to focus on for the highest good to stay in alignment with their most powerful and meaningful life?"

Dolphin Spirit chose to speak first, reminding us to remember the complexities of life and how duality is everywhere, that there is a dance of opposites we must move within. We are reminded that we co-create reality, weaving our dreams into the Divine matrix of the world within the context of two opposite truths: (1) I create my reality, and (2) I must surrender to life on life's terms.

Oracle Message: Dolphin Spirit, like her earthly manifestation, is a reminder of duality. As the dolphin is both mammal and sea creature, so too is Dolphin Spirit both "this" and "that." Two truths coexist: the story you tell and another as well. The duality of life is present when we are suffering, for there is a blessing, too, in the helpers that appear. Within clouds are silver linings; when we later reflect on what happened, we can see that a situation was both this and that and a choice led to both joy and sorrow. No relationship is either all good or all bad. and people have qualities of both light and shadow.

Focus on the positive, for light exists alongside the darkness. Dolphin Spirit calls for you to come up from below and enjoy a weightless moment in the sun as you dive in and out of this and then that, accepting and even enjoying the duality of life. Why not join Dolphin Spirit in acknowledging and affirming the blessings present in this moment? In all areas of your life, there are aspects of both "this" and "that." Today you can celebrate this fact and recognize the complexity and the beauty of the fabric of the universe. You are at a place right now where your past self is still present as you move toward the new self you are becoming. Aspects of both selves are present, so even if you want to say good-bye to what was, you are required to find solace in this "between time." Today is not a day to choose one over another either, but rather to accept things as they are without judgment or resistance. Even in matters of the heart, duality is present. Your next action will be obvious when you drop your bias and see things as a whole.

Then for the second card, Badger Spirit spoke up to remind us that we will be successful if we are persistent and never give up the journey to discover the miracles of life! We have the stamina and energy to stay true to our destiny as long as we never give up.

Oracle Message: Badger Spirit rejoices at your persistence and commitment to what is true for you. Whatever you seek, vour tenacity and faith in your partnership with Spirit is paying off and the results will soon coalesce into form in vour world. The gift of Badger Spirit is the surety that taking a risk now and being courageous, fearless. and bold will yield wondrous results. This is a time to harness your will and apply it consistently to the pursuit of your dreams. Know that no matter the temporary outer conditions, you will manifest your desires in divine timing and in the form that Spirit deems best for you. Badger Spirit says you have what it takes to get what you want. so assert vourself. Be fearless and be bold, shining your light as your

purpose calls you into the world. New relationships are also given a green light now. Don't be afraid to make the first move. Badger Spirit loves your brave and mighty heart!

THE CARDS, THEIR MESSAGES, AND THEIR MEANINGS







Ant Spirit

"Time to collaborate."

Oracle Message: When Ant Spirit comes to visit, it's to celebrate the benefits of working in a partnership with others as part of a community or tribe. Spirit reminds you that to build your dream, you need to work with others, accept help, and trust in your most important partnership—the one you have with Spirit. Your intentions will come to fruition if you remain awake and focused on co-creating your reality

with others and with Spirit. Remember that the world around you can easily seduce you if you don't have some sort of practice or discipline like meditation to keep you on track as you build the life you desire. Connecting with others and having accountability partners can be very helpful, as it's unlikely that everyone will fall asleep at the same time.

The other message Ant Spirit holds is that you are now at an auspicious time to ask for help and receive it, whether you need help assembling a team, finding a new tribe, or requesting assistance from others who are there for you. Everything is working to support you right now!

Protection Message: Do you really believe that you have to do everything yourself? Do you believe that, somehow, any help you get will be disappointing or not good enough? Perhaps it is time to address your issues of control and bias toward the negative. It doesn't matter where or why you came to be pessimistic or mistrustful. The fact that Ant Spirit is showing

up now is a sign that you have an opportunity to heal and to relearn to trust that others will show up for you in a genuine way. Ant Spirit wants you to remember that your expectations and limiting beliefs are a vibrational offering that draws in the opposite of what you desire. Spirit wants to help you and will send collaborative partners your way. It's time to see the universe as conscious and connected, loving and helpful, but you must participate in this activity of co-creation. Creating reality is not just about dreaming!

If you are feeling orphaned from community, reach out and communicate. If you feel vulnerable, know that being present in your vulnerability can help you draw in someone who wants to assist you. Trust in your partnership with Spirit, and your outer conditions will start to reflect that. Then you will see the miracles waiting for you, including partners who appear, ready to lend a hand!



Antelope Spirit

"Life is speeding up!"

Oracle Message: When Antelope Spirit rushes into your life, you are being reminded of the quickening of your personal evolution as a powerful co-creator. You are being told unequivocally that it's time to get moving; set your intentions and take action toward making your dreams real. There is an intensity you can feel, and it is important to take advantage of this energy right now. If you have a plan for

your career or financial abundance, now is the time to step it up. If you're asking about a relationship, make that first move. Just know that the intentions you have set in motion are coming together now at warp speed; stay alert and keep up. Things are getting interesting when Antelope Spirit calls you to move quickly!

Protection Message: Do you feel how fast the world is changing, like everything is moving at warp speed? It's hard to control desired outcomes or set fixed goals because by the time you get "there," you will actually have moved beyond it. Now is the time to let go and enjoy the exhilarating ride as intentions you have set in motion in the past are coming into form with lightning speed. Your job is to stay the course even if the pace feels dizzying. You may find you will change your mind a half dozen times or more as you improve your offerings-and that is just fine. Make peace with the pace, for if you ride this quickening energy you will solve challenges quickly and effortlessly instead of being bogged down. The

best way to use this energy is to let go of worry and stay mindfully present as you continue to take action. Also, if something is not going to be in your best interests, no matter how badly you want it, Antelope will quickly remove it so you can move toward what is truly meant for you. If something is taken away, be grateful and keep moving!

This is not the time to sit still but to breathe deeply as you move forward with velocity!



Armadillo Spirit

"Set healthy boundaries."

Oracle Message: Learning to set healthy boundaries is the gift of Armadillo Spirit. You are entering a phase where in order for you to be in alignment with your intentions and co-create your best life, you may have to be discerning and say no to many things that may have been okay for you in the past. This also means that you need to learn where you end and where others begin, what is yours to own and what is not.

Know your limits and understand that it's an empowering choice to say no to what doesn't feel right. Armadillo Spirit is here to tell you it's time to be honest with yourself about what you really want. Be clear on what you are agreeing to, declare what your needs are, and say no as a full sentence; these are acts of respect and kindness to others as well as to yourself. Trust your body's signals, and you will know what to do. Armadillo Spirit guides you in making good decisions that are grounded in a strong sense of what belongs to you and what does not.

Protection Message: This is a tricky time, as you may find yourself enmeshed with others, overly concerned with how they will take it if you say no or express how you really feel. Do you feel anxious saying no to someone, so you capitulate, even knowing the outcome will not be in your best interest? Do you feel like it's your job to stop someone from facing their challenges? Instead, you might take on their responsibilities, rescuing them instead of giving them the freedom to learn their lessons their way. Perhaps

you feel that if they only knew how much you cared, they would change and then all would be well? Armadillo Spirit asks you to be honest with yourself and others, no matter how difficult that may be or how much you may fear losing someone or something. Face your fear, tell the truth, and set your boundaries. You will be amazed at the miracles that happen when you let Armadillo Spirit protect you from taking on too much, becoming a people pleaser, and losing your integrity.

Another message of protection from Armadillo Spirit is to relax—live and let live. If you or someone else is being defensive, you are called to step back and trust in Spirit's plan.



Badger Spirit

"Be fearless and bold."

Oracle Message: Badger Spirit rejoices at your persistence and commitment to what is true for you. Whatever you seek, your tenacity and faith in your partnership with Spirit is paying off, and the results will soon coalesce into form in your world. The gift of Badger Spirit is the surety that taking a risk now and being courageous, fearless, and bold will yield

wondrous results. This is a time to harness your will and apply it consistently to the pursuit of your dreams. Know that no matter the temporary outer conditions, you will manifest your desires in divine timing and in the form that Spirit deems best for you. Badger Spirit says you have what it takes to get what you want, so assert yourself. Be fearless and be bold, shining your light as your purpose calls you into the world. New relationships are also given a green light now. Don't be afraid to make the first move. Badger Spirit loves your brave and mighty heart!

Protection Message: When Badger Spirit comes to protect you, he reminds you that anger or aggression, argumentative behavior, and being pushy or manipulative will not result in a positive outcome. Perhaps someone close to you has excess Badger energy, or perhaps that energy is pent-up in you. Either way, now is the time to calm down and allow the energy to pass through you. Go for a hike or

brisk walk, shake it off, or dance it out so you can return to the situation determined and committed, but not so intense that you overwhelm others and yourself.

The appearance of Badger Spirit also serves as a reminder if you have been relentlessly pursuing something that keeps eluding you. The message is that it's time to surrender it up to your Higher Power and focus on something else. Badger Spirit wants to protect you from self-will run rampant—from being obsessed with getting what you want in the form you prefer, in timing that fits perfectly with your notions of what has to be. Remember, the world doesn't revolve around your wants. Better, more beautiful opportunities will be the result when you release some of that Badger Spirit intensity along with your need to have it your way one hundred percent.



Bat Spirit

"A rebirth is assured."

Oracle Message: After something has run its course and died or been released, finished, surrendered, completed, or ended, there is a promise of a new beginning. Rebirth is assured just as night gives way to dawn and the bat emerges from the darkness of a womblike cave. Bat Spirit has come to remind you that this rebirth is a miraculous one, for the very best elements of what you had to give up in the death of the

old are still present in this new, amazing life forming now. This is the miracle and magic of rebirth in every aspect of your life, including the rebirth of faith in your ability to establish new and healthy relationships.

Bat Spirit reminds you that at present, you are in unknown territory and may feel as if you are lost. However, you are called to trust that your intuition will be a reliable guide as you give birth to something new and unfamiliar. Bat Spirit has listened in the darkness of night and has heard all your hopes and dreams, your fears and worries, and assures you that this new version of your dream—this move from darkness into light, from lost to found and death to rebirth—comes to fruition with Love at its core. Bat Spirit asks you to trust that what seems to have died is actually shape-shifting into something even more meaningful and wondrous than before. If you feel you are in the dark, know that come morning, all will be revealed, and things will be in a new form that is right for you.

Protection Message: What are you refusing to let die? Bat Spirit is gently nudging you to let go of your need to cling to the familiar story that has already run its course; a new story is poised to be born. Some dreams were only meant to last for a moment in time. Sometimes, they were only there to slow you down as you recalibrated in preparation for the new life that will give you what you really want. Perhaps you need to grieve as you say good-bye to something—at least, you're saying good-bye to its familiar form. Perhaps you must let go of a part of you that must die so you can be reborn. This temporary time in the dark doesn't have to be scary or sad, though. Bat Spirit gives you her powers of perception and awareness as you learn to listen deeply and navigate these unknown caves of temporary emptiness. You will emerge with a new perspective, and Bat Spirit will witness your giving birth to the life that matches the intentions and desires of your heart and soul.



Beaver Spirit

"Lay a solid foundation."

Oracle Message: Beaver Spirit is here to tell you about a power living within you that is born of Spirit, the Source from which all life arises. This is the power to establish the sacred connection with the universal consciousness so you can deliberately co-create the world you desire. Know that it takes work, determination, and sustained effort to co-create and lay a solid foundation for your dreams. If, with Spirit as

your partner, you bring the twigs and branches of your intentions and desires and spread them across the river of time, you'll be amazed at what you can do. You will find that you can even change the direction of the flow of life. You can ensure that your world will be prosperous and purposeful, filled with love and joy, and rich with magic and meaning. That which you desire will come to you and remain sustainably if you build on a sturdy foundation. Keep your intention and energy consistent and deliberate, using all your resources and the energy of this wonderful, productive time. Have faith, for with Spirit to co-create with you, your success is assured. Spirit is your partner, helping you along as you change the course of your life in the way your heart desires.

Protection Message: Beaver Spirit has come to warn you to check for rotten wood in the foundations of your dreams. Perhaps you built your hopes on faulty promises or wishful thinking that something would work out just because you wanted it to. Maybe you made choices from

a place of unworthiness, hoping that once you got what you desired it would somehow change you and make everything better—and you had to face the truth that it didn't. Or Beaver Spirit may be telling you it is time to accept things as they are and perhaps consider abandoning the project, relationship, or situation so you can make room for something better. Perhaps you need to go back and rebuild a solid foundation, because what you desire may not be in alignment with what your soul intends.

Beaver Spirit says you can always get busy and build something fresh and new if the desire is true. All manner of miracles can spring up from a new, strong foundation when you remember your partnership with Spirit. Be clear about what you're building and why, choosing from a place of worthiness, well-being, and wholeness. Self-understanding and acceptance will provide you with a solid blueprint to begin again.

Get busy now! Beaver Spirit says this is not a time to procrastinate, but a time to start building again, always mindful of the foundation you are laying, trusting that Spirit is co-creating with you.



Bee Spirit

"Sweet results await."

Oracle Message: The Bee Spirit's message is that sweet rewards are on their way if you are willing to get your ego out of the way and immerse yourself in the connected energy of all things. Bee Spirit knows not to let a sense of being a separate self get in the way of a good thing. Spirit is always producing honey; miracles and magic are everywhere. When you connect with the Great Hive, you are vibrating

and buzzing in exquisite harmony with all. Bee Spirit asks that your focus be on connectivity. Your body, heart, soul, and psyche experience total interconnectedness and a true integration when you "self-forget": when you remember that you are part of a greater unified consciousness.

Moving from separation into connection, from self-centered limitation to Spirit-centered infinite possibility and potential, you become busy as a bee, enjoying the gifts of Bee Spirit. Fully in alignment with your highest expression of yourself, your heart opens and creativity rushes through you seemingly without effort as you experience that nothing feels like work. Industriousness is driven by enthusiasm and inner motivation, and time seems to fly by quickly as the hive supports you in the making of honey. Do you feel the presence of your helpers in the hidden realms adding their energy to your creations?

Magical results are taking form and will be sweeter than you expect. Bee Spirit wants you to remember that your part in the divine partnership with the Conscious Universe is being rewarded even if you can't see that yet, and asks that you share your good fortune as there is plenty of honey for all. Be a part of the larger whole, the force that brings forth all that is sweet and delightful.

Protection Message: When Bee Spirit comes as your protector, she asks you to be very honest with yourself. Do you want to taste the sweet honey others have been making but you believe is unattainable for you? Do you wonder how others ended up with so much magical honey when you seem to have none? Have you bought into the illusion of separation and become convinced that you can't have what others in the hive enjoy? Do you separate from the hive to do it all on your own or to hoard what honey you have, unwilling to trust that there is plenty of support and plenty of sweetness to go around?

If you have been overworking and overdoing and have not given yourself any time to enjoy the sweetness of your life, Bee Spirit is telling you to stop and recharge. Perhaps you're afraid that if you don't get something done, it just won't get done. However, even busy bees need to take a break, and when they do, the honey still gets made. So remind yourself that sweetness is everywhere and available to you always when you need it.



Bobcat Spirit

"Life is a mystery."

Oracle Message: The bobcat moves furtively and mysteriously, and when Bobcat Spirit appears to you, she brings a powerful reminder that not all things in life can be explained or understood through the power of the intellect. Trying to figure things out, find logical explanations, or predict what will happen based on reason and facts will not provide you with the certainty and comfort you seek. Bobcat asks

you to trust in the Great Mystery and let the secrets of the universe reveal themselves to you through direct experience. Allow your vision to slip into soft focus, and you will see between the lines and observe what has been hidden there all along.

Bobcat Spirit helps you know intimately the pulse of the Divine in the world. Trust in the wisdom and revelations that come to you, yet know that understanding may not come as you would like it to. What you experience through your heart and intuition, which comes to you as the voice of your inner knowing, will guide you now as you accept that secrecy is woven into the fabric of existence. No matter what, the appearance of Bobcat Spirit is a sign that you are being called to trust, even when what is revealed does not agree with your need for intellectual certainty.

Protection Message: Bobcat Spirit tells you this is not a time to reveal your deepest most cherished dreams and desires to others but rather a time to be quiet and gentle with yourself

as truths begin to emerge in your awareness. Self-protection is called for, so be discerning, selective, and even secretive, revealing no more than is necessary. People have a way of imposing their opinions on you, so pay attention to whom you surround yourself with at this time. Be watchful and check your own motives as well as those of others as you keep your secrets to yourself for now rather than expose them to those who may potentially misunderstand your intentions or may not be supportive.

Let your logical mind take a rest as you start to perceive the energy of your environment. Bobcat Spirit wants you to be stealthy and wise, and keep your own counsel. Let yourself be a mystery yet to be revealed.



Brown Bear Spirit

"Take time out."

Oracle Message: There is a time to act and a time to focus your attention on patient strategizing. The arrival of Brown Bear Spirit signals that you are best served by foregoing hard work toward your goals at this moment and instead taking the time out to meditate—or just take a nap so you can refresh yourself and begin planning what you want to co-create next. Come to know the lay of the land as you contemplate and

imagine what you might do in this vast space of possibility before you, and begin forming a plan. Remember, sleep allows for dreaming and rest allows for clear-headed strategizing. How might you become the person you wish to be and experience whatever your heart desires? Insights will arise as you explore the possibilities and begin envisioning your plan. Knowing what you want will ensure you use your energy wisely in the days ahead. Be patient at this time. Relax and be calm and peaceful so you can recharge. The call for action will come later.

Protection Message: When you become so frazzled that you can't decide how to move forward, Brown Bear Spirit arrives to remind you to let go of your impatience in getting to the answers and solving the problems that face you. Now is the time for rest and meditation. Take a break, let insights arise, and know that you have plenty of time to make plans. Brown Bear Spirit reminds you that sometimes the best and most effective action is nonaction, allowing the situation around you to reveal

itself to you so you can better understand it. Remember that what is yours will never be withheld from you, so you really can relax and wait until the next right action is revealed. Miracles come from out of nowhere, and yours will arrive on Great Spirit's timetable.



Buffalo Spirit

"The abundant universe will provide."

Oracle Message: Buffalo Spirit comes to you now to remind you of the amazing manifesting power of gratitude and the extraordinary potential available to you when you adopt a mind-set of abundance. The ancient people of the Americas saw the buffalo as a symbol of abundance because the herds roamed far and wide, and provided so many gifts—the meat, the hide, the bones. The tribes who hunted the

buffalo used every bit of them, wasting nothing, appreciative of the abundance. So, too, do you have many gifts available to you. Buffalo Spirit appears to let you know that you are in a powerful time to manifest your desires—not by force or pushing but rather by following a natural path that rises up before you, trusting that there is always plenty to go around. Whether it be love, money, inspiration, or support, it's all there for you to claim.

When you are grateful, you immediately align yourself with the truth that the world is rich and teeming with resources. There is always more than enough, and you are always enough.

At this time, you can expect all your intentions and needs to come into a form that is right for you. Your heartfelt gratitude is making you a magnet for miracles. Buffalo Spirit's message is to remember that you co-create your reality in partnership with Spirit, so offer up your thanks and your prayers, even before you see conditions you desire—not just for yourself, but for others too—then you will quickly see the results in tangible ways. Gratitude has the magic to grow the

good, so offer thanks and praise as you acknowledge all that you have and all that is possible.

Protection Message: When Buffalo Spirit visits you with a message of protection, he is asking you to shift your thinking from poverty consciousness to one where you trust the universe will provide. Have you been falling into financial insecurity, worrying that there will not be enough money in the future? Have you been stressing and feeling sorry for yourself, worrying that because you have no romantic relationship now, you will never have one? Do you see scarcity where there is, in fact, abundance? Are you comparing yourself to others and falling short? Self-pity, entitlement, fear, and lack are all "thought viruses" that seduce you into darkness. Buffalo Spirit nudges you to make a gratitude list and be mindful of your thoughts at this time.

Even if outer events have happened to challenge your beliefs in abundance, outer conditions are temporary. If you are suffering from the malaise of fear that you are impoverished, realize that it is only poverty of perception and perspective. Prayer, communion with your Higher Power, and gratitude coupled with compassionate, self-less service will snap you right out of it. Give to someone who has less than you. Be thankful for the tiniest things and say affirmations. Then you will remember abundance is the true nature of the world.



Butterfly Spirit

"Transformation is beautiful."

Oracle Message: Joy and the beautiful lightness of being alive and creative in the world is the focus when Butterfly Spirit flutters before you. Transformation is inevitable as you grow into your most beautiful empowered self. Indeed, you will go through some uncomfortable stages as you let go of the forms of your life that no longer fit the new you. Even relationships must go through shifts to match

your new emerging self. If you focus on the beauty and not the challenges; stop taking yourself too seriously; and choose to be playful, loving, and joyous, you will soon know the miracle your soul wants to experience through you. Today is a day for joy, so alight! Look around and see the beauty that is everywhere and in everyone, including you.

Protection Message: Transformation does not have to be as traumatic or dramatic as things may seem to be right now. Remember, change is the only true constant; when you resist it, you create a tension within you as you refuse to accept the inevitable. In this moment, you might have forgotten the beauty and joy of life as it moves through its seasons, as nature dictates. You are being faced with a choice now. You can struggle with the current conditions, refusing to surrender, and see through the lens of lack and loss, or you can surrender to the grace that is calling you to allow life to take its course, moving through the sadness and disappointment. Surrender will soften you, inviting you to bask in gratitude and see through the lens of curiosity; these are the keys to tuning in to the infinite potential available to you now. Butterfly Spirit knows the beauty and delight you are on the brink of discovering. Let go and trust that it is there for you.



Canary Spirit

"Sing your own song."

Oracle Message: Canary Spirit arrives to help you find your authentic voice and express what is in your heart. Free yourself to experience your inner light and let it shine, as Canary Spirit sings to remind you of your inherent joy and to support you as you sing your own song. Now is the time to let the world know who you really are. Canary Spirit's message is that you

are free to be yourself and express your most cherished desires. The world wants to hear your song! If your inquiry is about a relationship, you're being called to fully be yourself, for only then will you find harmony and joy. You can make music with others so beautifully when your note rings true.

Protection Message: Are you suppressing your true voice, perhaps trying to sing the song you think people want to hear instead of your own? You create a cage around your life when you express only what you think will help you fit in and get what you think you want. Are you hiding the real you, telling a safe story about yourself to others because you are afraid they will think you are too "different" if they knew the truth? Canary Spirit comes to help you express yourself in a more honest and authentic way. Yes, not everyone will agree with you; in fact, not everyone will want to hear your originality or accept your uniqueness. You must not give this a single care. There will be plenty of

people, opportunities, and wonderful new experiences that arrive as if by magic once you open your own cage door and fly free. Canary Spirit is cheering for you and wants you to know you are safe and loved. Find your voice, and have courage to spread your wings and sing out loud! The world needs your true song.



Cat Spirit

"Claim your independence."

Oracle Message: When Cat Spirit meows, she is calling you to claim your independence and allow for some space between you and others in your life. The only way you can grow in all your relationships now is to have a healthy sense of self-respect and self-worth. When you walk with dignity, knowing who you are, self-aware and willing to grow, trusting the value you bring, the world will mirror all this back to

you in kind. When you say no to co-dependency and enmeshment, live and let live, and practice taking risks as you wander into new territory for you, Cat Spirit rejoices. She is here to urge you to let your independent spirit roam free.

Protection Message: This may be the time you are facing some unpredictable situations. Are you hesitant to take a risk, too cautious to jump into something new because you fear you can't trust yourself? Cat Spirit is saying, "Go for it!" because you will land on your feet. If nothing seems to be going according to plan, there is no reason to worry. Cat Spirit loves to mix it up, and these seeming upsets will actually bring you some wondrous and unexpected opportunities. Get ready to pounce, as you may be called to jump into something new at a moment's notice. At this time, your instincts are keen and your intuition is sharp. Remember, even a temporary failure can lead to a spectacular success, so embrace the adventure. You are sure-footed and can trust yourself.



Chameleon Spirit

"Act as if."

Oracle Message: Chameleon Spirit shares her gift with you today to prepare you for changes that will greatly benefit you. Outer conditions are changing, and you're required to come into harmony with them so you can co-create your greatest dream. Feeling sensitive? Good, because that will come in handy, enabling you to determine how best to adapt to

your environment and the people in it, while at the same time maintaining your integrity and inner equilibrium. Even if you feel like you're in uncharted territory, Chameleon Spirit has complete faith in your ability to fit in and learn the lay of the land, adapting as necessary. This is a fortunate time to "act as if" and "do as others do" until the new ways feel familiar and completely natural. Life is offering you a great lesson now: adapting isn't about losing yourself; it's about learning how to dance with others.

Protection Message: Being sensitive and having empathy for others can become a heavy burden if you don't practice self-care. Could it be you're feeling stressed because you've tuned in to challenging emotions that aren't even yours? Chameleon Spirit does not want you to adapt to these conditions by withdrawing or distracting yourself, hoping the feelings will just go away, or attempting to rescue another who may be having a pity party; you can be swallowed up trying to manage it all. It is time to figure out where you end and the rest of the world begins.

Not all conditions are yours to match. You need to distinguish your own color from the rest of the world right now and take time out to soothe your sensitive soul. Choose some activities that will restore your sense of being grounded and avoid people who revel in drama. Take a break from social media too. Self-care and a timeout is the answer to this temporary dilemma.



Cow Spirit

"The miracles are endless."

Oracle Message: You are at a beautiful point in your life today, for your needs are being met effortlessly and in so many ways. Fully embrace this truth by focusing on all you have right now, including the positive relationships that sustain you, the work you are proud to do to contribute to the world, and the activities that inspire you and nourish your soul. Cow Spirit nudges you

to pay attention because this is the perfect time to focus on the choices, actions, and behaviors that you know feed your soul and bring your heart contentment. Now is also the time when you will see many of your projects and commitments that were set in motion in the past begin to yield valuable gifts that will bring you joy and love and sustain you for a long time to come. Stay positive and share your well-being with others. The more you share, the more you will manifest, so be generous. Cow Spirit promises you will never run out of miracles.

Protection Message: Cow Spirit asks you to pay attention to how you nourish your mind, body, and spirit because right now, you are wobbling around like a newborn calf on its unsteady legs. Perhaps you've been spending too much time distracting yourself on the Internet, or obsessing over a relationship, or choosing to eat food that is not healthy. Whatever it is, you're being nudged to assess how you are looking after your needs. Remember,

the universe has a way of reflecting back to you events and conditions that match how you treat yourself. Cow Spirit reminds you that the universe wants to *give you the very best* but needs you to do your part to participate and nourish your well-being. Heed her message, and everything will shift in your favor!



Coyote Spirit

"Trust in divine detours."

Oracle Message: Do you find that you are being led on a strange detour in your life right now? Does it seem that what appears to be the next right action and the right choice, best situation, or fabulous relationship unexpectedly turns into the opposite—or just disappears into thin air, as if you've been tricked? Coyote Spirit's trickster energy is designed to bring you into situations to teach you lessons you have

forgotten to learn. Perhaps you need a taste of failure before you experience success, a need to feel disappointment before you can truly appreciate the joy, love, and prosperity that is coming up for you. Perhaps you are revisiting a pattern you forgot wasn't in alignment with the life you are intending to co-create, being reminded that gratitude, not complacency, will keep you awake and aware of all that is available to you in this moment. Coyote Spirit reminds you to laugh about the unexpected twists, to develop humility and gratitude while releasing your attachments to the form of your desires. Even when you suddenly find yourself on a detour, wondering when you will get back on track to manifesting what you desire, remember that Spirit has a plan and wants the best for you. Trust in divine order now. Coyote Spirit is a divine helper; no matter what seems to go astray, things are exactly as they are supposed to be

Protection Message: Sometimes, a goal is so enticing and alluring that you lose your footing in the pursuit. You begin to fixate on capturing this prize, whether it be an opportunity you have always wanted, a relationship with that elusive someone, or the promise of "that big break." Coyote Spirit warns you that this trickster energy seducing you now will yield nothing but disappointment and unnecessary heartache if you let yourself be fooled. Great Spirit wants the best for you, so when your plans go topsy turvy, know that Coyote Spirit is present to protect and bless you. Listen to her gentle warning not to take the world too seriously or become too attached to the form and timing of your desire. Something better is beckoning. If you learn your lessons and lighten your heart, it will not be long before you see that crooked though the path may have been, you were on the right one all along.



17 Crow Spirit "Co-create with Spirit."

Oracle Message: As you look around you, can you sense the magic that pulses through the world? Have you witnessed how every thought can become a thing? How every intention can call the universe into action as the sacred laws shape what you experience? The universe works in perfect order. When you align your thoughts, feelings, and beliefs with Spirit, you will want

to crow with delight, feeling the excitement and wonder of being in harmony with something much larger than yourself.

Crow Spirit says you are right on target now to see your dreams magically come into being in the visible world. The laws of Abundance, Compensation, Frequency, and Praise are operating in your favor now. Remember to be grateful and praise what is yours, even if it is still coalescing into form, still residing in the invisible realms of co-creation. No matter what area of your life you're concerned with now, what you hope for is on its way—for Spirit is your co-creation partner.

Protection Message: Crow Spirit wants to know why you think there is no magic in the world. Or do you believe that there once was, but it ran out, leaving nothing but ordinariness? Although conditions have become challenging, you have no reason to believe that everything you've set an intention for will elude you. Right now, the outer world is shifting. Can you feel

it? Maybe you are fretting about experiencing the results of some of your poor choices or judgment from the past. Crow Spirit is here to remind you that you can always course correct and get back on track.

Maybe you've been hit by a loss or disappointment as a result of an event that had absolutely nothing to do with your manifesting, yet it has shaken you to your core. Crow Spirit asks you to trust that no matter the temporary conditions, things will right themselves very soon. The Law of Balance makes it inevitable that this too shall pass.



Deer Spirit

"Bring a gentle touch."

Oracle Message: The time has come to be gentle and diplomatic when dealing with others. You might have found yourself in a situation where negotiations are necessary in order to reach your goal. Be mindful of the words you choose, but do not worry. Deer Spirit reminds you that you have the ability to be sure-footed and confident while showing humility and respect for others. You will find

that your capacity for calm and grounded communication is heightened at this time. Follow the way of Deer Spirit and you will do well, gaining the respect of others and finding common ground that is pleasing to you. Remember that understanding others and their needs will be more powerful at this time than putting your own first. If you do that, you will be rewarded tenfold.

Protection Message: Deer Spirit is bringing you a gentle warning that now is not the time to engage in an argument, no matter how volatile others are being. Do not match their intensity with your own. If you are dealing with an overly assertive person, step back and disengage, lest you agree to something out of alignment with your intentions. Don't let anyone bully you into anything you're uncomfortable with. You have solid footing if you stand your ground with grace; those who disagree will begin to find their own gentleness and willingness to compromise.

Deer Spirit also brings the message that it might be easy to offend someone today, or take offense because someone lacks diplomacy. Let all of that pass. You are not meant to take this world personally. While it's a beautiful gift to be sensitive, today you need a tougher hide so that any compromises you make allow you to maintain your integrity.



Dog Spirit

"Be loyal to what you love."

Oracle Message: Dog Spirit appears to remind you that although change is a part of life and all of us are meant to evolve, our love and commitments remain strong. You are loved now and can trust that this higher love is true. Spirit loves you, and love has arrived in many forms now, manifesting in the people you surround yourself with, expressed uniquely through

them. Dog Spirit also says be true to that which you love, for now is a time of good fortune. Be steady as you recognize that people and things are always transforming. Your heart is loving and true, and Dog Spirit wants you to know that your steadfast commitment to experiencing and expressing love will attract and manifest more love. You deserve all of it. Have faith in Spirit's plan for you.

Protection Message: Loyalty to people and situations can turn into attachment that results in stagnation, enmeshment, and loss of integrity. Do you fear what will happen if you let a relationship evolve? Are you afraid that asking for a situation to change will make others see you as disloyal? Trust that when Dog Spirit appears, you are meant to accept the turning of the wheel of life and the changing of fortunes. If you feel you are being betrayed or are growing apart from someone, let Dog Spirit reconnect you with your commitment to love in all its forms. Perhaps a relationship is meant to

evolve; perhaps you are meant to evolve too, so that you can experience the growth for which your soul yearns. Your greatest loyalty is to love, so be open to all its many guises, including self-love. You deserve the best, and that is what Spirit wants for you.



Dolphin Spirit

"This and that are true."

Oracle Message: Dolphin Spirit, like her earthly manifestation, is a reminder of duality. As the dolphin is both mammal and sea creature, so too is Dolphin Spirit both "this" and "that." Two truths co-exist: the story you tell and another as well. The duality of life is present when we are suffering, for there is a blessing, too, in the helpers that appear. Within clouds are silver linings; when we later reflect on

what happened, we can see that a situation was both this and that and a choice led to both joy and sorrow. No relationship is either all good or all bad, and people have qualities of both light and shadow.

Focus on the positive, for light exists alongside the darkness. Dolphin Spirit calls for you to come up from below and enjoy a weightless moment in the sun as you dive in and out of this and then that, accepting and even enjoying the duality of life. Why not join Dolphin Spirit in acknowledging and affirming the blessings present in this moment? In all areas of your life, there are aspects of both "this" and "that." Today you can celebrate this fact and recognize the complexity and the beauty of the fabric of the universe. You are at a place right now where your past self is still present as you move toward the new self you are becoming. Aspects of both selves are present, so even if you want to say good-bye to what was, you are required to find solace in this "between time." Today is not a day to choose one over another either, but rather to accept things as they are without judgment or resistance. Even in matters of the heart, duality is present. Your next action will be obvious when you drop your bias and see things as a whole.

Protection Message: When you most want to be acknowledged as "right" and see other ways as "wrong," Dolphin Spirit appears as a reminder that the story of your suffering and righteousness is a little more complicated than you are admitting right now. Do you want to see things in black-and-white, and be rigid in your ideas of what's correct and what is not? Release your rigidity and embrace the fluidity of life as you recognize the grays that remind you there are two sides to every story, an upside to each downside, and a blessing in every challenge. What you think is wrong may end up being right for you, so let Dolphin Spirit soften your heart so that you make the best decision at this time, playing with the possibilities that present themselves.



Dove Spirit

"Be peace."

Oracle Message: With her peaceful cooing, the gentle Dove Spirit invites you to embrace the energy of peace and allow compassion to warm your heart. You always have the power to generate peace within you, and the appearance of Dove Spirit is a reminder that today and every day is a good day to meditate, to quiet any turbulence within as you embody tranquility.

Above, below, and all around you, much may be happening to distract you, but you are called to engage it with the heart of a peacemaker, asking yourself, "What would Peace do?" Can you agree to disagree?

The peace you seek rises within and spreads out into the world as Spirit sends her messenger to remind you of the beauty of a harmonious existence with all that is. How beautiful and powerful is your compassionate heart!

Protection Message: However disturbed the waters around you, however troubled your heart, Dove Spirit is there to remind you that peace without begins within as you reconnect with Spirit through practices that awaken you from spiritual amnesia. Your true nature is as a peaceful child of Spirit, but how easily you forget! You're being invited to sit in the cozy safe nest of Spirit. Soon, the waters will become still and you will feel peace again. Be compassionate with yourself at this time, for all of us can forget that peace is always at hand, always there, gifted

to us by Spirit. Become the peace you wish to see in the world so you can reduce any suffering, performing acts of kindness and radiating love.

Dove Spirit also reminds you that when you see inequity or someone harmed or in need, trust that you have the capacity to bring peace through smiling, sending love, speaking a kind word, and listening with a compassionate heart. Do your part to be a peacemaker, nourishing compassion, reminding others of the joy of harmonious co-existence so that they may embrace the Dove Spirit within themselves too.



Dragonfly Spirit

"Truth transcends illusion."

Oracle Message: Dragonfly Spirit is here to remind you of the wisdom and truth available at all times in the hidden realms. Just as a dragonfly catches your eye with its reflective wings and body, Dragonfly Spirit appears to tell you to pay attention to the truth beyond the illusion and recognize the insights that come seemingly out of nowhere, peeking through from behind the veil. In the realm of Spirit, there is far more

wisdom than you can perceive with your senses, and there is a deep knowing that you are not separate or alone, for a Higher Power recognizes you and loves you beyond measure. Fears dissipate as you realize you are embraced by the nurturing force that is everywhere, always in communication with you.

Alighting when you are preoccupied, Dragonfly Spirit offers this message: You exist in unity with all, including the protective spirits who share their wisdom, and you are being nudged along the path your soul needs to travel to have the experiences it craves.

Love exists in many forms, and sometimes we overlook it when we don't recognize a particular form. Pay attention to the signs now; they remind you that each of us have inspired dreams seamlessly sewn into the fabric of the invisible world, and there is a Great Consciousness that exists in the seemingly empty spaces, guiding us on our journey. Open to the truth, letting the wisdom of the hidden realms inform you, providing insights your conscious mind overlooks.

Protection Message: Did you really think this world of the senses is all there is? From the hidden mystical realms, signs are being sent to you, but perhaps you have perceived separation and convinced yourself that you are on your own. Have you fallen into spiritual amnesia and forgotten your connection to a living, loving, always supportive universe? If so, rub the sleep out of your eyes, for Dragonfly Spirit is here to remind you of all the love and support available to you in every moment. There is an organizing principle underlying the events you have experienced, and Dragonfly Spirit can help you see it and trust that Spirit has your back. Let go of the illusion of chaos and randomness. Love is here, so follow the signs that appear serendipitously. As you pay attention to the magic all around you, you will know you are on the right track.



Eagle Spirit

"Spirit has your back."

Oracle Message: Think of the eagles flying high above the other birds, soaring on the wind. Eagle Spirit has appeared to ask whether you're willing to soar to new heights, even if that means solitude for a short while. Truly, all the wisdom of the world is available to you. When storms flash across the sky, it is Eagle Spirit that raises you above it all, helping you conquer fear

and overcome adversity, reminding you that Spirit has your back and wants you to experience life at its fullest. At this moment, you are meant to know that you have the highest of wisdom and courage within, gifted to you by Spirit and all the angels. Boldly build your nest in a lofty space and know that now you can fly effortlessly, proudly embodying Eagle Spirit in all her glory and grace, claiming what is truly yours in divine timing.

Protection Message: If you are walking awkwardly and feeling embarrassed, Eagle Spirit is here to tell you that is only because, right now, you are meant to fly. Soar over the troubles that have you feeling scared and alone, see the big picture yet retain your eagle eye for the details that help you claim your wisdom and courage.

Or perhaps you are making yourself small for the sake of getting others to accept you? Now is not the time to be vulnerable and dependent, for you have the wings to fly on your own and you need to do that at this time. There is no need to huddle in a shelter or even to seek out a flock to support you, for Eagle Spirit says you have tremendous wisdom and courage within. Let it arise so that you might soar proudly, with the angels serving as the wind beneath your wings. From these heights, you can make the best and most powerful choices for the highest good of all.



Electric Eel Spirit

"Bring your ideas to life."

Oracle Message: Seemingly out of nowhere, the jolt of Electric Eel Spirit appears to awaken you to a big idea that you are meant to explore. Epiphanies and aha moments are gifted to you right now—so celebrate! Your life has the potential for profound transformation; inspiration arises in you, electrifying you so that you can't wait to get started bringing your idea to life. The revelations you experience now are meant to set

you on a new path, so do not be afraid to act. Explore, examine, and do not fear the changes that may come, for Spirit wants to shower you with the love, success, and abundance that you hope to experience. Now is a thrilling time of epiphanies, inspired ideas, and innovation. This is a wondrous sign for you today!

Protection Message: Ideas need to percolate, as they rarely download in detailed form. Have you too quickly dismissed an epiphany because you couldn't see where it might lead you? Have you rushed to follow the muse without taking time to contemplate the meaning of your aha moment? Perhaps your dream will take a different form than you first imagined, morphing into something else that is even better. Spirit's plans are often hard to discern, but so much more satisfying once they have taken over from your own predetermination.

Maybe your big idea is taking more time to shape than you expected. Have you considered that you are meant to learn something in the process of bringing it into being? Commit to transformation and to learning any lessons this new venture will bring, and soon you will see that your aha was even more valuable than you realized when you first felt it electrify you.



Elephant Spirit

Oracle Message: Although we often wish we could leave the past behind, Elephant Spirit reminds us that memory matters. We must respect the wisdom of the elders who hand down to us traditions they have shaped to express our connection to each other and respect for the community. What has come before informs what we are experiencing

today, and we must never forget our legacy of strength and dignity. Elephant Spirit appears with the message that we are to acknowledge that which came before and learn from it.

All of us are memory-based creatures, and we must revisit the past to understand where we are and where we are going. The stories of events you experienced, the stories in our collective memory, and the stories of relationships you have had can be told many ways. What story will you tell? Elephant Spirit is here to encourage you to make it one that stirs in you a sense of power and dignity, for you have honored yourself by choosing to learn from your past. Spirit rejoices at your willingness to learn and grow.

Protection Message: Are you feeling uncomfortable with a tradition, custom, or familiar behavior that no longer fits who you are? Do you wish the past could be erased so it could no longer cause you a moment's pain? Elephant Spirit is here to encourage you to write

a different story and alter the traditions in ways that acknowledge that we all evolve, for transformation is our nature.

Elephant Spirit calls you to not be selective in your memory, because ignoring the good or the bad will prevent you from growing your wisdom and strength. Build on the best of the past, learn from the worst, and walk into the future with dignity, accompanied by Elephant Spirit, who remembers the truth and honors your strength and wisdom.



Flamingo Spirit

"Embrace the in-between."

Oracle Message: Balance comes easily to Flamingo Spirit, who sees what was and what will be and stands strong in the face of uncertainty. You can be informed by what came before and plan for a future yet to be, but do not resist Flamingo Spirit's call to be fully present in the now, where the real magic happens. With one foot in the life you are moving away

from and one in the future as you become the one who leads the life of your highest intentions, you must make peace with the fact that you are not fully in either place. Embrace the in-between!

The presence of Flamingo Spirit is also a sign that your creativity is arising within you and opportunities are beginning to present themselves. Remain here in a balanced state of mind, for there is much to know and learn before going forward with new plans. You can trust this moment and yourself as you take in what you see and become aware of all that you are experiencing in this in-between time.

Protection Message: If you're feeling nervous and wobbly, stop worrying about the past and the future. Instead, be present in the moment, balancing, for now is the space in which creativity arises. Creativity is your birthright, but if you're moving too quickly in an attempt to avoid the discomfort of transition, you can blind yourself to the miraculous possibilities

that are before you now and those just coming into being. The past has its lessons and planning has its merits, but right now you may be imbalanced because you're becoming too nostalgic for what once was or too anxious about what the future might hold.

There is time to plan carefully. For now, be still and know that Spirit is here, co-creating with you in this moment. The next step will appear when it needs to appear. Relax into a state of equanimity and balance, so any anxiety can transmute into trust and faith that all will be as it will for the highest good.



Fox Spirit

"Think on your feet."

Oracle Message: Be alert now, for Fox Spirit has appeared, and you are meant to move swiftly. Let this clever spirit draw out your creativity as you adjust to rapidly changing circumstances with resilience, grace, and astuteness. Fox Spirit helps you to think on your feet, using your best judgment and wits to help you slip into a more advantageous situation. Now is

not a time to hesitate but a time for swift action of the mind, a time to think outside the box and notice the many ways in which you might make a move, aware of your surroundings and always clear on what you deserve and wish to co-create. Trust that your cleverness, guided by Fox Spirit, will serve you well.

Protection Message: Are you camouflaging yourself to avoid intimacy? Perhaps you are being too clever for your own good and playing games to protect yourself. Being dishonest with yourself or others can become isolating and create obstacles to true connection. Fox Spirit calls you to be attuned to what is happening within you and around you so that your quick thinking and creativity can lead you to better relationships and situations. You are called to use your Fox Spirit beneficially rather than in ways that keep you from experiencing what you want.

Or perhaps right now you are realizing that a situation is trickier than it appears on the surface, and you are afraid to make a move in case it turns out to be a mistake. Fox Spirit is here to remind you that when you are in alignment with the Great Spirit, the answers and solutions can come quickly and you can trust them. Don't overthink a situation in order to avoid the challenge of facing a difficult truth. Fox Spirit's creative nature will always be there to guide you and help you move quickly into better circumstances.



Frog Spirit

"Clear out the clutter."

Oracle Message: Frog Spirit knows that while all the other frogs are croaking away, this is a time for you to simplify and declutter your life so you can feel content on your own lily pad. Even when life isn't creating a total cacophony, we can become drawn to the excitement of lots of noise. Then, the next thing we know, our schedules and homes are

cluttered with commitments we regret making and objects taking up valuable space. Even relationships need decluttering, as they often become messy.

Frog Spirit appears to tell you to clean house—prioritize what you need, and get rid of or give away the rest, so you can have some space in your day and in your head. You don't need the old stuff and its stories shouting at you about the past. Along with physical clutter, friendships are sometimes kept long past their expiration date, weighing you down with unnecessary baggage. Now is the time to let go.

Whatever you need will appear when you need it, so release your grip on all that clutter that is making you feel anxious and burdened. Frog Spirit wants you to reclaim your space unencumbered by shoulds, oughts, and could-have-beens. Let go and jump—you are free from all that old stuff!

Protection Message: What's weighing you down? Is it time for a spiritual and psychic cleansing? Are you overdue for letting go of the voices that surround you? They may have started to get into your head, these voices that bog you down and keep you from leaping forward into a better situation. Let others croak and create their dramas while you make space for yourself and for hearing your own thoughts as they arise. Declutter your schedule and stop trying to do it all and then some. Let others manage their own baggage rather than allowing it to be dumped on you, for your lily pad needs to be clear of others' clutter.

Frog Spirit may also come bearing a message about your physical space. Do you hold on to things because you are afraid of losing your energetic connection to the past, to people who are no longer in your life, or to goals you never pursued? Or could you have these items around because you would feel guilty if you got rid of them? Are your storage and

living spaces stuffed with reminders of what you are not, when they should be holding only objects that reflect who you are and aspire to be? If something is no longer making you feel joyful, empowered, and excited, Frog Spirit is telling you to let it go and free yourself to leap forward into something new, trusting you will always have what you need.



Giraffe Spirit

"See the big picture."

Oracle Message: Giraffes stretch upward to reach the treetops and look down from a high vantage point. When Giraffe Spirit appears, it is a sign to observe from a higher view. In all aspects of your life, it's time to stretch your neck out and broaden your view, open your eyes to what others need or are experiencing, and see the big picture you fit into. No matter how great your wisdom, knowledge, or experience,

you don't want to overlook details and connections that will help you better understand yourself and your circumstances, so stretch yourself. Look beyond what catches your attention at eye level and know that not everything is as obvious as you might like it to be. Spirit will bestow upon you a new perspective that might make all the difference.

Protection Message: Are you sticking your neck out too far, reaching too high instead of looking around you to see conditions on the ground? Your devotion to co-creating something new is admirable, but Giraffe Spirit is showing up to remind you that you have to look at the whole picture, not just those tasty leaves at the top of the tree. Perspective is necessary now, and that means checking in with what is going on around you and at your feet.

Or perhaps you are you ruminating over the worries of the world instead of paying attention to what you can do right now, where you are, to bring about the changes you would like to see. Align with your highest good, and know that while perspective is important, transformation begins where you are. Do not get so far up in the clouds thinking about all the big problems that you lose perspective and forget to do your part, however small it may be, to start enacting change—for transformation begins with you.



Grasshopper Spirit "Take a leap of faith."

Oracle Message: Right now, you are poised to jump up into the next level of your life and move forward into something even better than you could have ever imagined. When Grasshopper Spirit appears, it is a fortuitous time to take a leap into the unknown, for Grasshopper Spirit represents the innovative spirit that says, "Why not?" and has faith in the powers of co-creation. You are being called to trust

that this is the right time to go with that idea, relationship, or situation. Take risks, for abundance in all forms will show up for you.

Wondrous things await when Grasshopper Spirit appears. You are not going to go backward, so listen to your intuition rather than your fearful ego that resists any change and clings worriedly to what was. Luck is on your side. Jump up and forward with confidence, for Spirit has so much in store for you if only you take that leap.

Protection Message: Is it hard for you to trust in good fortune because you have been hurt in the past when you took a risk? Staying earthbound does not offer the safety you seek, for that can be found only through trusting that Spirit is always with you and wants the best for you. Your intuition is guidance from Spirit, telling you to let go of your fears and leap into the abundance and good fortune awaiting you.

Grasshopper Spirit reminds you that the only way now is to jump forward. Can you

be willing to trust the Unknown, the Great Mystery that you can't fully understand? Even if you take the teeniest leap in consciousness to be willing, it's a beautiful beginning! Sure, every leap forward brings a new challenge, but you can handle it with Spirit as your partner, trusting that this new experience will only deepen your life with magic and meaning. Take the leap!



Groundhog Spirit

"Time to let go."

Oracle Message: Endings lead to beginnings and death is a part of life, so Groundhog Spirit is here to let you know that it is time to accept the natural ending of something that is no longer serving you. We love to hold on to what is familiar, but the new needs space to arrive so growth can occur. When Groundhog Spirit appears, it is a sign there is something in

your present situation that you need to let go of so that something new can be born, something that will far better serve you now.

When the groundhog sees his shadow, he retreats to his den. So too might you yearn for a little more time to say good-bye and transition into the new. However, change is coming and it is good, so let go of your resistance. Spring brings many blessings, and what must die will always be reborn in a new form that will be right for you. Life requires change and detachment. Say farewell to whatever once served you, and get ready for something amazing to take its place. Spirit is already sending it your way.

Protection Message: Have you been relentless in your efforts to revive something that has passed its prime and needs to die away—a situation, a relationship, a belief, or a habit that served you once but no longer fills you with vitality? Perhaps you automatically expect to see the world through a specific lens based on the familiar? Groundhog Spirit has appeared to let you know it's time to accept that the past is the past, so allow yourself to feel the loss and grieve it if you need to. Any sadness will not last forever or overwhelm you. Knowing Spirit is with you and wants you to experience joy and excitement again will help you through this transition from the old to the new.

Keep your eyes open, for winter always gives way to spring and endings always give birth to beginnings. For now, let yourself feel your emotions, releasing them to make way for the joy that awaits you. Spring and new growth are on their way, for that is Spirit's promise to you.



Hawk Spirit

"Let Spirit be your guide."

Oracle Message: Flying high above the landscape, the hawk sees both the big picture and the small details, observes the rain and the pond as well as the cloud, and doesn't miss anything. When Hawk Spirit arrives, you are called to pay close attention to messages from Spirit that can appear anywhere in any form. Listen to your intuition and keep your eyes open for synchronicities—the meaningful coincidences. Hawk Spirit asks you not to dismiss the signs that Spirit is sending to guide you. Lately, have you been hearing the same word or song, or coming across the same symbol here, there, and in the strangest places? Perhaps you hear a song on the radio with just the right lyric pertaining to your query, or you begin to notice uncanny billboards, license plates, or other places where repetitive numbers or words show up for you to notice. Pay attention to the animals that appear for you, and connect with their symbolism. Spirit wants to communicate and reaches out again and again. When Hawk Spirit appears, it is a sign to listen.

Protection Message: Are you noticing red flags—perhaps saying to yourself, "Oh, what pretty flags," and giving them no more thought? Hawk Spirit has arrived to tell you to stop and listen to the messages from Spirit. Take the time to observe the patterns you are seeing and do not dismiss your intuition, even if the messages you receive are not supported by evidence in the physical world. If it feels illogical to listen right

now, listen anyway. Sometimes you might want certain signs and messages to mean what you want them to mean, interpreting through the lens of wishful thinking, a projection of your desire to see things a certain way. Of course, when you do that, you rarely find yourself where you want to be. Take heart! Spirit loves you so much and does not want you to get hurt but to align with Spirit's plan for your highest good. Listen and follow the signs, and check your motives when you are being selective with your hearing.



33
Horse Spirit
"Freedom is yours."

Oracle Message: When Horse Spirit appears, you are gifted with the spirit of movement and freedom. It is a time for travel and adventure, whether that means a trip somewhere or taking a different type of journey, one of freedom of choice. Horse Spirit reminds you that no matter the circumstances, you have free will and choices that can take you far away to a better

place, a better situation, a better state of being, for there is no one but you to rein in your will to make a different decision. You are capable of making powerful choices that will affect you for a long time to come.

Horses are social animals and known to be a friend to mankind, willing to carry us forward when we need it. Horse Spirit reminds you that help will be available to you whenever you need it and companions will be by your side wherever you choose to go, whatever direction you choose to travel. Life is an adventure, and Horse Spirit wants you to know that whatever choices you make, you have Great Spirit within, invisible yet holding you up and always walking by your side.

If your inquiry is about a relationship, you can set your heart free to experience love in all forms. Spirit whispers to you that the gift of freedom is yours if you allow yourself to break out of your perfectionism and stubbornness. Make a move and enjoy the freedom of letting go of the need to control.

Protection Message: Are you feeling stuck? Has your spirit been broken by challenges you have faced? Your current choices may not seem the best, but you are not seeing the clearing ahead where you can break free and run. Whatever your choices right now, they can lead you to exhilarating freedom, so trust the guidance of Spirit. Horse Spirit is here to tell you that adventure calls, and you will soon realize your power is greater than you think.

Perhaps your frustration and feelings of being fenced in are the result of being "too much on your high horse," unwilling to come down to earth and join the herd that wants to support you. Being in control and in charge can be overrated. It's time to loosen up, drop the reins, let go, and prance with others just for the fun of it.



34 Hummingbird Spirit "Be here now!"

Oracle Message: The hummingbird's wings beat so swiftly it can hover in seeming stillness as it drinks deeply from a flower. Hummingbird Spirit comes to remind you that the beauty and sweetness of life is in the eternal now, the timeless present. Here and now, you are becoming the person you wish to be to have the experiences you wish to have. Focus your energy on

the flower before you, for what you desire is being provided. Yes, there are blossoms everywhere—the choices can be dazzling! Hummingbird Spirit's message is that you have no need to go about in search of something better, for all that you require and desire is before you. You will know this as you become still, feeling your connection to Spirit who loves you unconditionally and will always provide for you.

Protection Message: Nectar is everywhere, but Hummingbird Spirit is here to remind you that flying from flower to flower and being all over the place wastes precious energy. Be still. Be here, now, in the present moment, enjoying the sweetness and sustenance available to you. Focus on one flower today—just one. Nectar is there for you, and Hummingbird Spirit's message is that wherever you put your attention, there your energy flows. Are you focused on the sweetness or on finding something better somewhere else, always yearning and feeling that life is not enough and you are not enough?

All you seek is right here, right now. Appreciate the present, and you will see that you are where you need to be and enjoying what you are entitled to enjoy in this timeless and perfect moment.



Koala Spirit

"Spirit has a plan."

Oracle Message: In nature, the koala moves slowly through the branches of the eucalyptus tree, leisurely chewing the leaves, reminding us that life is not a race or competition. Chasing around after every distraction can keep us from recognizing that we have all we need and that Spirit will always be there with gifts to sustain us. You are being asked to trust that by moving slowly, with faith in the abundance

that is everywhere, surrendering to a power greater than yourself, you will be able to experience the manifestation of your desire. As you take your time enjoying the riches available to you right now, sitting peacefully, you begin to radiate the joy and abundance you seek. Spirit is here to help you discover happiness, pleasure, and contentment—all gifts that are yours now and in the future. Have faith and trust in Spirit's plan for you, and know that you are loved and cherished.

Protection Message: Are you feeling uneasy and mistrustful of the world? Have you been hiding in a safe spot, afraid to venture out because you're convinced that life and other people will disappoint you? Koala Spirit has appeared to let you know that your faith is misplaced; the present safety you seek is already passing away, because all things are temporary and outer conditions are always changing. Find your safety by placing your faith and trust in Spirit who will grow the abundance that is already yours.

Perhaps you are acting slowly and overly cautiously because you lack faith that there is more for you out there than what you know. You may have boxed yourself into a safe place that has nothing else to give you and become so familiar with it that you have forgotten to explore. Are you feeling pessimistic and convinced there is nothing more out there for you? Koala Spirit reminds you that self-care is meant to replenish you so that you can venture out again in faith, trusting that there is no limit to the joy Spirit wants you to experience. Be good to yourself and reconnect with Spirit to reclaim your faith in things yet unseen.



Koi Fish Spirit

"There is always enough."

Oracle Message: The koi fish, who grows big within a small pond, reminds us that within each of us is the potential for prosperity. The Law of Abundance ensures that prosperity is our natural state, so regardless of temporary outer conditions, you can call in prosperity and magnetically attract the opportunities and abundance you need. The message of Koi Fish Spirit is to begin to generate wealth within, with deliberate intention, no

matter how small your pond may seem—and appreciate abundance wherever you see it.

Outer conditions will come to reflect your inner prosperity, so begin to become the self who is comfortable with wealth in all forms. Even if, at the moment, it feels as if riches are not yours, they soon will be. Start to envision the plenty that Spirit wants you to experience, knowing that the moment you begin to commit to conscious and deliberate co-creating, Spirit will joyfully start bringing you what you need. You have so much to offer and so much of value to express to the world. In your little pond, there is much you can create and much you can attract. Do not underestimate what you have and who you are, for Koi Fish Spirit wants you to know that you are exquisite, loved, and deeply cherished. Trust that outer conditions are changing to reflect that truth.

Protection Message: Are you feeling a sense of scarcity, afraid you will not have enough and not be enough to meet the challenges you face? Whatever your outer conditions, they are

temporary and reflecting what was set forth in the past. Koi Fish Spirit is your ally in changing those conditions by transforming your inner beliefs about scarcity and plenty. Perhaps you have suffered a loss or are afraid you soon will, or you have been scraping by and feeling there are simply no opportunities available for you to better your circumstances. Koi Fish asks you to find prosperity within you by connecting to Spirit through spiritual practices. Spirit wants to remind you that your natural state is one of abundance. Remember all that you have to offer so that you can generate your own opportunities, love relationships, and even more.

Even if you feel you have little to give right now, find it within you to give to someone else, even if it is just a few encouraging words, a smile, or a helping hand. Your action will remind you that you have more than it appears—more gifts, more strength, more wisdom, more abundance. As you give to others, your own sense of prosperity grows and your outer conditions begin to shift in an alchemical reaction. Prosperity and love are yours to receive, experience, and enjoy. Believe it.



37 Lion Spirit

"Be generous of spirit."

Oracle Message: A healthy ego means you ease God's order instead of edging God out. Lion Spirit's appearance is a reminder that you have been given the gift of pride and a healthy sense of your worth to express your divine, authentic self in a unique way. You are both the king and the queen, secure in your prosperity and wisdom and generous of spirit as you help others. Take pride in your ability to serve from

the heart. Contentment with what you have, right now, allows you to use your resources wisely as you give to others in ways that educate, heal, inspire, and delight.

Be proud yet humble. Practice gratitude, and you will find that the accolades that come to you are no match for the joy of knowing what you have been able to do for others through expressing the bounty of generosity within you. Lion Spirit knows there is a great savanna before you and many who will benefit from the healthy expression of your unique set of gifts if you choose to work in partnership with Spirit. All your relationships flourish as you express your worth and generosity of spirit with humility and kindness. What a blessing you can be to all!

Protection Message: Do you doubt you can do much good? Are you stuck in a state of scarcity, thinking, Who am I to lead? or Who am I to step in to my dream? Who am I to have an amazing relationship? Who am I to think I can help?

Lion Spirit is here to tell you that the antidote for low self-esteem is stepping in to healthy pride. Of course you can do all that you desire! The spark of Great Spirit lives inside you, and you are here to steward that amazing energy into the world. Lion Spirit knows that Great Spirit invested in you so that you might be a channel for Spirit's love and generosity. Take pride in your role, seeking to bring an abundance of love into the world.

Perhaps you do much good already, but you're feeling unappreciated, wanting to hold back your gifts and hoard them for yourself. Maybe you are looking for attention and praise. Maybe you were even being generous with the expectation that you would be entitled to a repayment. Know that the real magic happens when you remember there is always enough and you are always enough. Give freely without agenda or expectation, and let Lion Spirit remind you that in giving you receive. Then, you will see that you are appreciated. Stop comparing yourself to others and seeing yourself as "less than," for within you is a wellspring of generosity.



Lizard Spirit

"Dream the world into being."

Oracle Message: When was the last time you basked in the sun and allowed yourself to daydream, to imagine what might be and who you might become? Lizard Spirit appears when you are called to let your imagination flow and dream something new. Inspiration is available to you now if you are willing to slow down and let your eyes close a little, allowing ideas to dance in your head. What might

come into being if you were to pursue your dream? How might you grow and expand if you allowed yourself to dare to believe in the impossible, making it possible first in your dreaming mind and then in the world as you co-create with Spirit?

Give in to the power of imagination and soon your dream will become clearer, the steps will reveal themselves, and what was ephemeral will begin to coalesce into form. Dream it and be it—Spirit asks you to dare to dream big.

Protection Message: Have you been allowing your imagination to run amok and dream up a nightmare that seems to have come true? Fear not, for whatever dreaming you did in the past can change today as you dream anew. Wake up from the perception that everything is wrong. Lizard Spirit asks you to open your eyes and consciously dream a better dream. What would it look like to already have what you desire and be the one you wish to be? How might it feel to work toward co-creating this new dream as a

reality in the world of the senses, drawing it out of the world of dreams and building it in the world of form? Trust in your ability to dream anew. Honor it today.



Moth Spirit

"Surrender now."

Oracle Message: Moth Spirit asks, what is guiding you right now? Are you in alignment with Spirit or pursuing something or someone with so much tenacity that it has become a compulsion or addiction? Are you so intoxicated by a potential relationship or opportunity that you can't think straight?

Hard work and dedication are virtues, and love of course is a beautiful thing. However,

when Moth Spirit appears, it is time to consider if you have gone over the edge in a relentless pursuit. Workaholism, overeating, perfectionism, or addiction to certainty or even to a person may be your current vice. The form of your addiction does not matter so much as awareness of the consequences of remaining persistent when moderation is needed. Let go of your excessive energy by channeling it in more than one direction. The fire burns hot, and you do not want to be engulfed by your passion to the exclusion of all the other pursuits that matter to you.

Now is a time for surrender and radical acceptance so that your drive does not cause you to flee or to fight. Spirit wants you to release your need for certainty and control so that you can relax into a more balanced way of using your Moth Spirit energy. Banish the "shoulds" and "musts" so that you can enjoy what is as you allow for what might be.

Protection Message: Moth Spirit can be intense, and honesty about your own compulsive

tendencies is needed right now. It is too easy to switch from one addiction to another, distracting yourself from the discomfort of uncertainty and the thoughts and emotions that arise when you aren't single-mindedly pursuing a goal. Moth Spirit calls to you to practice moderation in all things and recognize when think you are headed toward the light but are really heading into a fire that will cause burnout. Why are you so resistant to letting up? Could you be avoiding difficult emotions you need to feel and release? Now is a time to do a fearless inventory so that your addictive tendencies can be toned down and rechanneled into enthusiastic activity in moderation. You are not a machine; listen to Moth Spirit's message that a change is needed to support your well-being.

Maybe, deep down, you know you have become too attached to something and someone. Let go of your need to control the outcome and allow yourself to remember the many ways you want to channel your energy—to relationships, to work, to giving to others, to self-care, and to all the other pursuits you value.



Mouse Spirit

"Tend to the small things."

Oracle Message: The humble mouse pays attention to the smallest details, and Mouse Spirit calls on you to notice the nuances and the fine print at this time. In your eagerness to meet your goals and pursue your dreams, it is easy to forget the importance of clear communication and tending to the little things, including people's subtle signs that they are unhappy as well as the small voice inside of you that says, "This

doesn't feel right." Take your time to sniff out what you need to know. Is there some detail or nuance about how you engage others or operate in the world that is key to your success but you've too readily dismissed as "nothing big" or "nothing special"? Mouse Spirit reminds you that what seems small may be more important and powerful than you think, so look again. Do not underestimate yourself or your potential for co-creating something amazing when you pay attention to the details!

Protection Message: Are you too caught up in details, micromanaging others and stressing out because you want everything to be perfect? Are you procrastinating because you want every detail to be "just right" and losing track of time and your priorities? Mouse Spirit wants you to listen to your intuition that tells you that the detail you fear you are overlooking will only appear when you stop obsessing. Mouse Spirit will lead you to the nuances you need to notice and will diligently work to support you if you take a breath and trust that guidance

will be provided. Small gestures carry great power right now, and maybe you need to take action toward discovering what is going on that you may not be seeing—or toward mending a relationship or a situation. Ask a question, do a little research, and listen for Mouse Spirit's quiet little squeak telling you, "Look here, and attend to this detail."



Nightingale Spirit

"Love is all around."

Oracle Message: In the darkness of night, Nightingale Spirit sings her song of love and hope, a harbinger of dawn to remind you that the sun will rise again soon. You are so loved, and the illumination song of the Nightingale Spirit calls you to a new level of self-awareness and connection with the Light. Yes, there is shadow and darkness, but love and prosperity exist everywhere, even in the seeming emptiness

of space, darkness, and a starless night. Hearken to the message, letting the music of the Nightingale's song remind you that love is all around. Feel it and trust in tomorrow's light renewing your ability to recognize that the spaces that appear empty are filled with love and abundance. Illumination will happen soon.

Protection Message: The darker the skies, the more it seems the dawn will never appear, but Nightingale Spirit is here to remind you that the sun will shine again. You will soon feel the love and notice the abundance that surrounds you. Sing now—put on some music or simply sing in the empty space, for finding the light within and giving it voice will give rise to hope and help you begin to hear the call of another who, like you, was beginning to fear the light would never come. Bring the light into the darkness with love from within. Give it voice and know that daybreak will be here soon.



Otter Spirit

"You are never alone."

Oracle Message: Like true friends, otters nurture each other and express their affection through touch. Actions such as holding hands and giving hugs offer reassurance that we are never really alone and that we are always cherished; Otter Spirit has appeared to remind you to experience and express friendship in a tangible and even tactile way. Communicate with your voice, your facial expressions, your gestures,

and your actions, letting your love express itself beyond just the words you speak. Otter Spirit's message is that presence matters, so remember to be fully present with those you care about, helping them sense the love and affection and appreciation you have for them. Now is a time for a joyful celebration of the love in your life that expresses as friendship and companionship. Hug someone, touch their arm, or simply look into their eyes with your full attention, saying, "I care. You matter." Make time for friendship. Otter Spirit promises that the moment you reach out, you will remember that you too have many who love and care about you. You are never alone, and you are always loved.

Protection Message: Have you been channeling all your affection to just one person, or counting on only one friend or individual to hold you up, heedless of your resources all around you? You deserve support and love from many people, and when Otter Spirit arrives, you are reminded that you have a community. Somewhere is another friend who wants

to experience the joy of giving to you and seeing your happiness as you receive their gift of attention, affection, and kindness. Otter Spirit wants you to open your eyes to see the love that is available to you from all directions. Do you believe it? Do you feel it? Reach out to someone, and you will see that they want to hold your hand as much as you want to hold theirs. Love, support, and friendship are available to you, so connect with community and friends.



Owl Spirit

"You see clearly now."

Oracle Message: Owl Spirit arrives to remind you that the wisdom within you is informed by your keen senses and the wisdom within the consciousness we all share. Even in the darkest night, the owl sees clearly and is guided by every sense it has, including the first sense of intuition. Right now, your sensitivities are turbocharged and you are receiving messages from all directions. Owl Spirit reminds you to

be wise and pay attention to what's between the lines, what is invisible to the naked eye, what cannot be heard with the ears, and what others may not be able to perceive. With all your senses aroused, you have much knowledge available to you. Clarity will come as you sit with all that you are sensing, allowing your intuition to guide you in understanding the whole and not just the parts. Let your wisdom arise and be your guide as you trust the acuity of all your senses. Intuition is real and can provide the clarity you need to understand your situation right now. Your relationship, your finances, your job-whatever it is, you can see the truth clearly now.

Protection Message: Are you feeling overwhelmed and overpowered by all that you are sensing? Are you highly sensitive right now and in information overload, feeling too much and taking in too much stimulation? The antidote for overwhelm is to become grounded and return to your safe nest so wisdom can offer you clarity and guide you on managing the flow. Take a break to ground yourself in the reality of your everyday senses. Go for a walk in nature; perhaps you can stop to lie on the ground or hug a tree, or just stroll down the street beneath the soothing sky so that you can regroup and clear your energy field. Your wisdom and ability to make sense of all you are feeling and experiencing will return as Owl Spirit reminds you of your need to get clear.



Panther Spirit

"Reclaim your power."

Oracle Message: It takes courage to face challenges and right now, Panther Spirit is here to say that you are braver than you think. Now is the time to take a risk and step into a different aspect of your being. Speak as you have never spoken before, act as you have always dreamed you might have the courage to act, love fearlessly and fully, and expect to feel the adrenaline rush

as you are initiated into a new, braver, bolder self. Panther Spirit says the time for dreaming about what you want to do is giving way to that first courageous act toward reclaiming your Panther Spirit and power. Your new identity may feel strange at first, but you have what it takes and your soul wants this. Be bold!

Protection Message: Are you feeling shaky because you have made a bold move and have not yet seen confirmation that everything is going to work out? Or is fear holding you back? Are you afraid to act until all risk of failure has been removed? The moment when there is no risk whatsoever will never come, so follow the urging of your Panther Spirit within and look your fear in the eye. Have you ever heard the famous line "The only thing we have to fear is fear itself"? Stare down your fear, and it will retreat and make way for your courage to fill you head to toe.

Perhaps you are afraid you can't trust the power that is rising in you, and you fear the qualities you will find within when you look deeply at why you resist the challenge before you. Every part of you, no matter how dark it may seem, has a light quality, so be bold and face it; own the light and make peace with your shadow. Spirit trusts you, so be brave and trust yourself.



Parrot Spirit

"Watch your words."

Oracle Message: What are you saying to yourself? What message are you repeating? Is it something that makes you feel good about yourself and reminds you of your strengths and potential? Parrots mimic the sounds around them, and when Parrot Spirit appears, it is time to be more mindful of your self-talk and its qualities. What do you say to others? Are you repeating what you truly believe?

Remembering to speak with light and love can become a habit. Be generous with compliments and thanks, affirming all that is good so that your loving, healing words will be heard throughout the jungle, cutting through the noise and inspiring others. Listen for the words that remind you of all the strength, abundance, and joy in your life and in the world around you, and then repeat them, affirming what is real, true, and nurturing to the soul.

The universe will reflect back to you the story you tell. Words matter, so choose ones that lift you up and inspire others to remember that beauty surrounds us.

Protection Message: Are you aware of what you're saying to yourself and others? Parrot Spirit shows up as a reminder to heed the words that flow from your mouth, your pen, and your keyboard. Be mindful of the beliefs you have internalized. Are they what you choose to believe? Are you communicating with integrity? Parrot Spirit wants you to listen to what you say and your motives for saying it.

Right speech is called for now, which means you are called to reflect on the beliefs that have been parroted by people so often that you simply accepted them unquestioningly. Journal about what you truly believe and wish to see in the world and in your life. Write words affirming what you value; speak them aloud, expressing gratitude for what is just coming into being. Your voice has power, and you can change the conversation in your heart and in the world around you. Parrots represent the Law of Praise, so you are called to speak the truth and speak with love.



Peacock Spirit

"Let it shine!"

Oracle Message: When is the last time you shook a tail feather and shined your light for all to see? Within each of us is a Peacock Spirit yearning for expression, and you are called now to show the world the gorgeous creature you are, for you are a manifestation of Spirit. "Come out from the shadows," Peacock Spirit says, and show your true colors so that others may be inspired to express their own exquisiteness.

Dance as if you remember that you are made of stardust and grace, filled with life-force energy and sparkling light! You are a channel for divine love, and your dance is one of a kind. Catch the light and help it to shimmer and dance in celebration of your good fortune of being right here, right now. Spirit wants you to be joyful so that others may get up and dance along with you.

Protection Message: Are you afraid of dancing with abandon because of what others might think? Do you think you may be punished if you shine too brightly? Have you been conditioned to expect to be hurt if you show yourself fully to the world? Maybe not everyone will celebrate your beautiful radiance when you shine; that is okay. Peacock Spirit is here to remind you that while others may resist celebrating the beauty within them, although they may contract while you expand and shake your tail feathers, smile and keep dancing anyway. Model the good fortune and abundant joy that is yours, and soon

someone will say, "Me too!" and join you. Spirit loves you so much and wants you to enjoy the dance and shine your light.



47

Pig Spirit

"Use your mind wisely."

Oracle Message: Pig Spirit appears to remind you of the right use of intelligence, a gift we all have that is meant to be used with love, compassion, and discernment. Intelligence means recognizing the value of intuition partnered with smarts and common sense, which leads to intelligent solutions. When Pig Spirit appears, you are called to respect your analytical mind and use it for the highest good, recognizing that

all facts must be considered even when they do not fit with what you know already.

Spirit blesses us with wisdom when we allow Pig Spirit to nudge us into open-minded, thoughtful dialogues, whether with others or internally as we mull over our ideas and what we have come to understand. You are intelligent and capable of clear-minded thinking shaped by the wisdom you have accumulated and the intuition that will tell you when you have more learning to do because not all facts are in. Now is a time that your decision-making powers are reliable, for you are in alignment with Pig Spirit's keen intelligence.

Protection Message: Are you ruminating, turning thoughts around and around in your head but not getting nearer to a decision or solution? Pig Spirit is here to protect you from "analysis paralysis"! Let your mind rest now and allow your intelligence to mingle with the mysteries of intuitive guidance, releasing your tight hold on facts and unsolved puzzles, whether it be a relationship or any other aspect of your life.

In fact, now might be a good time to think about something else altogether and release your grip on needing to know. When your thought processes are muddied by fear and anxiety, allow Pig Spirit to lead you back to the right use of your natural intelligence. Take a break, relax, and release that ball of worry. Soon the smart choice will become clear to you. More facts may be needed, more digging for information and more questioning; when seeking to learn more, enjoy the process of using your thinking prowess. All the elements of your intelligence are reliably guiding you now once you've given your mind a rest.



48

Porcupine Spirit

"Time for beginner mind."

Oracle Message: When Porcupine Spirit calls your name, you are being asked to adopt a beginner's mind and to approach situations with innocence and curiosity—the old, confining stories no longer have a hold on you. Life is full of surprises hiding in plain sight. Looking at the world afresh, with new eyes, can help you find what you have been seeking, whether it is a relationship, an opportunity, or evidence that

you have all you need right now to co-create what you desire. Who knew?

Porcupine asks you to be playful and have a childlike curiosity. There is so much waiting for you that you have yet to discover!

Protection Message: Are you feeling prickly and defensive lately, and assuming you will be hurt before you have seen any sign that such a reaction is called for? Perhaps an old sense of guilt and shame is causing you to be cynical and wary when you are meant to be open and curious. Self-protection is a good thing, but you may be protecting yourself from something that will not actually harm you but instead will bring you abundance, happiness, and love. Remember your innocence, and you will see what you have been overlooking.

Porcupine quills are filled with air, allowing a porcupine to float in water. Now is a time to let your innocent nature keep you buoyant.



49

Rabbit Spirit

"Now is a lucky time."

Oracle Message: A sunny meadow calls, and Rabbit Spirit appears to lead you out of your dark warren and into the light so that you can participate in a fertile and beautiful experience. It may seem safe below ground, but the magic happens when you come out and take the risk of being vulnerable and co-creating something new. You are being invited into a new life that you have no experience with. But have no fear!

Today is also a time to be fruitful and productive as you enjoy Rabbit Spirit's sunny and prolific energy. At this time, whatever you intend to bring to life will find fertile ground. There are no mistakes, really, when you are co-creating with Spirit, so let new ideas spring to the surface, knowing that now is a lucky time of tremendous possibility.

Protection Message: Vulnerability is required of you now, even if you don't feel safe. Act as if you trust that you will be okay, and soon you will see that you are okay. To create is to take risks, so at this fortunate, fertile time, banish your fears and recognize the real security is in immersing yourself in the process of co-creation.

It's okay to admit that you really don't know how to deal with whatever is in front of you. This is where curiosity and not knowing can be a wonderful state of mind! Be playful now, admitting you are at the beginning of something! Come on out to frolic in the sun's nurturing light, because it is time to birth something new.



50

Rhino Spirit

"Overcome any obstacle."

Oracle Message: We always have the choice to press ahead, and Rhino Spirit's strength offers you the power to break through stubborn obstacles. This animal spirit knows there is more than one way to open a path to what you seek. When Rhino Spirit appears, you are reminded that you have a marvelous ability to overcome obstacles in multiple ways—by going around them, shattering them with the

force of clear deliberate intentions, or even transforming them into clouds that drift away by refusing to allow them to limit you. Apply your Rhino Spirit with creativity and no obstacle can stand, for you have magic to make and many ways in which to make it. Your power is awesome right now.

Rhino Spirit also wants to remind you that when an obstacle appears to prevent you from getting what you desire today, it means that something much better is coming. Keep that in mind when you consider the nature of the obstacle in front of you now. Great Spirit loves you so much and only wants the best for you.

Protection Message: The appearance of an obstacle in front of you offers you a choice—barrel into it and bang your head, or find your easiest way around it and don't fight it. Are you exhausted by your efforts to break through an obstacle? Are you stubbornly insisting that there is only one way to remove it from your path? Rhino Spirit is here to tell you that sometimes

the answer is "no," sometimes it is "no, not yet," and sometimes it is "no, not the way you think it should be."

Open to new possibilities, and you will find other options begin to appear. Not every conflict is worth engaging in and not every obstacle is worth resisting head-on. Don't waste energy banging your head against the wall.



51 Sandpiper Spirit *"Be playful."*

Oracle Message: Sandpipers are like cute little clowns, poking their beaks into the sand before darting off to chase the waves. The appearance of Sandpiper Spirit is a sign that now is a time to engage your playfulness. Whatever tasks you have before you, perform them with a lightness of being. Explore the familiar, discovering the new in the old. Who knows what treasures await you when you let

yourself laugh and have fun? Sandpiper Spirit's happy and curious nature can help you to feel rejuvenated as you remember your ability to run and fly and dance playfully.

Protection Message: When your heart is heavy and life seems to weigh you down, Sandpiper Spirit's message is to lighten your burden by finding joy and humor in the everyday. Become like a playful child, filled with curiosity and wonder, and soon you will find you feel your own spirit lift. A few minutes or hours of fun-filled delight is exactly what you need now. Enjoy the ridiculousness of life and be willing to jump in. Let your inner goof out to express itself with abandon.



52

Scarab Beetle Spirit

"Magic works through you."

Oracle Message: In Ancient Egypt, the scarab beetle was revered, for the creative magic of Scarab Beetle Spirit reminds us that we can bring forth something extraordinary seemingly out of thin air. Whenever you let your creativity flow through you, Scarab Beetle Spirit reminds you that Spirit has given you the gift of infinite potential. You have an ally as you fashion

something new or repurpose the old, for Spirit co-creates with you, channeling energy through you so that you feel replenished and vitalized as you make magic with what is at hand.

Now is a time for great optimism, for you can accomplish anything you desire and your creative endeavors will come to fruition. Miracles, opportunities, abundance, and love will appear seemingly out of nowhere as you allow Spirit to work through you and magically manifest what you need.

Protection Message: Do you doubt your unique inner magic? Are you afraid that you have no originality or that creative juices don't flow through you? Perhaps you mistakenly believe you're not "the creative manifesting type." Scarab Beetle Spirit's message is that creativity is a living force that comes to all of us from Spirit, who wants every person on the planet to manifest magic and co-create the world anew. You are as capable of resilience and innovation as anyone. If you do what you've

always done, you're going to get what you've always got, so draw inspiration into your being and begin to playfully create something new—and do it without any judgment. Creativity and magic are your legacy as an expression of the Creator, so let them flow through you.



53 Seahorse Spirit "Watch and wait."

Oracle Message: Hovering gracefully, the seahorse observes with the perspective of one who is not engulfed by the drama, remaining at a distance from all the turbulence. Seahorse Spirit appears at this time to remind you of the need to be neutral and gain perspective. Your message from Seahorse Spirit is: "Not my circus, not my monkeys." Spirit wants you to

know that even if you are tempted to jump into the fray and try to fix things, the best way to serve yourself and others right now is to remain calm and simply watch and see.

Another message here is that whatever your query, Seahorse Spirit asks you to step back from it, be willing to explore things from different angles rather than a single one, and just observe what is possible. From the perspective of the position of the neutral observer, you will discover a myriad of opportunities and a deeper understanding of what you seek and why—and you will know beauty, truth, love, and wisdom.

Protection Message: Are you holding on to judgment, sure that your perspective is the only correct way to look at things? There are as many perspectives as there are creatures in the sea, and when Seahorse Spirit appears, you are reminded to detach from the experience so you can view it from more than one angle. Pay attention to your hidden beliefs and how they affect the way you think, feel, and act. Are you being fair to all involved, or do you need to step back?

Perhaps the drama you have been drawn into is your own. Whatever the actions of others, your challenge is to be nonreactive and not take their words or behaviors personally. Their turbulence may have little to do with you, so remain neutral until you know more. Your perspective may be quite different in time.



54 Skunk Spirit *"Know your worth."*

Oracle Message: What do you value? What do you believe in? Is your best, most authentic self on display? Skunk Spirit comes as a reminder that you can be proud of who you are and what you have accomplished. Know your worth. Not everyone will agree with you or share your values, but you can walk with your head high, knowing that when you express your integrity, others can feel your authenticity

and will be inspired by it. Be who you are, and if your reputation precedes you, good! You have much to be proud of, and Skunk Spirit wants you to be your best self, the true you.

Protection Message: Not everyone will appreciate you; many people have issues of their own to address, and you may trigger something in them, but if so, no matter. Skunk Spirit calls you to be fully yourself, without apology. Now is a time for honesty and admitting that something does not sit right for you. You deserve the self-respect that comes when you courageously choose to stand up for yourself and speak your truth in love. Remember who you are and what really matters to you, and act with integrity. You will be so glad you did.



55

Snake Spirit

"Time to heal."

Oracle Message: All of us need healing at times, and when Snake Spirit appears, it is time to repair, renew, and replenish yourself and your vulnerable heart. Self-care and maintenance work are needed so that your vitality can arise. Give yourself the space to nourish your own well-being.

Vulnerability is necessary for friendships and partnerships to work, which means all of us will have tender emotions at times. Be gentle with yourself and others now. Shed the past and step into a new way of being, for vitality is rising in you.

This might be a good time to honor the work you have done to heal, grow, and repair any damage within you, within those you care about, and within your community. Celebrate together how far all of you have come in your healing journey, and all that you have created! Unburden yourself of anything that no longer supports wellness, prosperity, positive relationships, and well-being, and open the door for healing to occur.

Protection Message: No matter how much you may have lost, or how you have been disappointed, you are called by Snake Spirit to shed the past and practice radical self-acceptance now. Only by forgiving yourself can you move on, regardless of whether anyone else is ready for healing. When your tender new skin first becomes exposed, you may feel uncomfortable; love yourself and remain

vulnerable anyway. You have been weak, but now you are becoming strong and developing wisdom, and you will do better in the future. Snake Spirit reminds you that hearts can be so easily wounded; apologies and amends go a long way. Self-forgiveness for your role in what happened can help you heal. Remember, it is the one who has been wounded who often has the greatest power to help others heal.



56

Spider Spirit

"Make your dreams real."

Oracle Message: Weaving your dreams into the fabric of life begins with a single thread of intention, and then Spirit joins you as your co-weaving partner. Take but a single step to make your dream a reality, and Spirit will take ten toward you, for the universe is designed to support your dream-weaving.

Spider Spirit arrives when you need reminding of the awesome power of co-creation with

Spirit. Ideas and resources will begin to appear as if by magic as you begin to bring your dreams from the realm of intention into the world of the senses where they take form. The action you need to take is to be clear about your intentions, and then act as if you have become the one that lives the life you desire. The web of creation has an uncanny way of coming together to weave the beautiful pattern you set in motion.

Another message of Spider Spirit is about any creative project you may be considering: writing, painting, music, journaling, gardening, etc. Now is the time when inspiration wants to be channeled through you as something creative, even artistic and tangible. Creative projects are successful now, if you are so inclined. Let yourself be open to abundance.

Protection Message: Are you expecting your dreams to weave themselves into reality? Are you stuck in the sticky web of weaving dreams, but never following through? The thread of Intention isn't enough to make dreams a reality unless you do your part in the

weaving. Spider Spirit wants you to know that your plans will remain ephemeral unless you commit to being productive and industrious, for Spirit will not do it all for you. Magic needs to be instigated, so begin to make your dream a reality by taking action today.

What are you willing to do? What are you willing to sacrifice? Can you release your limiting beliefs? Your dream is worthy of weaving. Today is a day to choose one small step toward your dream. Remember, Spirit is your weaving partner; you just have to be the first one to bring the thread to the loom, then continue to do your part.



57 Squirrel Spirit "Believe in yourself."

Oracle Message: You have accumulated wisdom and experience and are surrounded by all you need. An abundance of resources is available to you through the generosity of Spirit and all your hard work. Squirrel Spirit shows up when you need reminding that the acorns you have gathered and stowed away have enormous potential to grow, so relax into knowing there

is always enough and you have what it takes to co-create the reality you want to experience. Through diligent preparation, you have gained wisdom and strength. How much potential you have! Believe in yourself, for Spirit believes in you and wants you to know you have enough and are enough. Doesn't that truth make you feel safe and secure? It should, for you have everything you need right now.

Protection Message: The unpredictability of life can shake your confidence in yourself and your potential for handling the challenges that come your way. Does the thought of not having enough or being enough make you squirrely? Have you forgotten all your strengths, wisdom, and resources? You have come so far on your wits and creativity, making use of all your potential and all that Spirit presents you to help you through life's trying times. It's time to look back on your life and remember how your needs have always been met for the highest good, even in your most challenging times. Life

loves you, and so many treasures are hidden in plain sight, ready to be revealed when you most need them—so relax. Squirrel Spirit wants you to know you are poised and ready for whatever is coming next, so trust in yourself and trust that Spirit has your back!



58 Stag Spirit "Take the lead"

Oracle Message: Whether or not you have set your intention to lead, you may have found yourself suddenly called to step up to the forefront of your life. Stag Spirit is a reminder that now is a time to heed the call to be sure, strong, and compassionate. Others will look to you, and you have it within you to see through the eyes of Stag Spirit and walk with confidence as you take on the responsibilities that are yours

now and model integrity in all that you do and in all your relationships. Be willing to see the best in others so that your compassionate heart keeps you on the right path.

Stag Spirit wants you to know that your responsibilities now are to yourself too, for you are learning and developing new skills. The best in you is coming into view as you step forward with strength, knowing that Spirit supports you as you compassionately take the lead. You are a model for transformation now, sharing your experience, strength, and hope with others so they may grow and discover their best selves too. What a gift you are. Stay humble and authentic, and walk your talk, for this is how a wise leader leads.

Protection Message: Others may not be as far along as you are on your journey. When Stag Spirit appears in the protection position, you are called to be compassionate and patient as you find yourself leading the way. When others struggle to follow you, they may be unsure that you can be trusted, challenging you to be kind

and strong, challenging your value and questioning your worth. Know that Spirit has put you in this place at this time for a purpose and will not abandon you when you need help with your new responsibilities.

Or perhaps you are actually uncomfortable leading, maybe temporarily trapped by your small self and are therefore promoting yourself too strongly, afraid that others might see weakness or imperfection in you. Let go of your fears, and let Stag Spirit remind you that you have what it takes to lead wisely and ethically if you practice self-honesty and listen to others who wish to support you.



59

Starfish Spirit

"Open to infinite possibility."

Oracle Message: Stretched out on the beach, the starfish opens fully to the rays of the sun, to the power of potential. As you look out toward the horizon, do you open up to infinite possibility? Spirit is the source of opportunities beyond your wildest imagination and ensures endless possibilities are available. At this time, Starfish Spirit urges you to stretch past the limits of your everyday perception and comfort zone to dream

of bigger things and imagine with even greater hope and faith, for miraculous potential is shining down on you. Feel it, bask in it, and open yourself to be filled with inspiration. This is a very fortunate sign that Starfish Spirit has come to remind you of your infinite potential!

Protection Message: When cynicism says no, Starfish Spirit says yes a thousand times over. Are you willing to entertain new possibilities? Are you limiting your goals in order to be realistic, and cutting yourself off from the power of dreaming big? Let go of your rigid beliefs about what is possible for you, and let Starfish Spirit inspire you to open your heart and your eyes to what Spirit has available to you. Now is a time to stretch beyond the familiar and unfurl yourself, for you are meant for more than you are imagining for yourself. Spirit wants the best for you and will support you in achieving whatever intention you hold dear.



60

Swan Spirit

"Time for a deep dive."

Oracle Message: With their graceful, long necks, swans are able to reach into the depths. When Swan Spirit arrives, you are called to take a deep dive, beyond what is easily available on the surface. You may think you know what is best for you now, but take the plunge into the depths of your awareness, for there is knowledge you are not aware of and great treasures to discover. Deeper understanding awaits

you, and a perspective that comes from greater self-knowledge is what you need right now to better understand a situation or relationship. As you come to know yourself more intimately, so too will you come to better know others, so Swan Spirit asks you to go beyond the surface of what is happening between you and others and resist the temptation to judge by superficial appearances. Know there is much deeper potential for loving connections, forgiveness, and mutual understanding. Choose to dive deep, into your Why. Asking the deeper questions of yourself, you are led by the grace of Swan Spirit.

Protection Message: Don't talk yourself into diving deep into something just because you see the potential of things instead of what they really are now. The necessary work and patience involved may not be the best use of your energy. Have you seen the potential in someone and think that if you love and support them, they will become the person who knows you love them beyond all others? Have you stepped into an opportunity that you know feels too good

to be true and might not turn out the way you hope? Now is not a time for selective, limited perception that can lead to misjudgment. Instead, this is a time for going deep and being honest about what you find as you explore the depths. Have no fear, for whatever you find below will help you love and understand yourself and others, and make better choices. Can you sense Swan Spirit calling you to dive deep and resurface to choose again?



Turkey Spirit

"Give with gratitude and grace."

Oracle Message: Turkey Spirit's message for you is that you always have the potential for manifesting a rich reality, for the turkey represents generosity and a celebration of abundance through giving to others. Give freely without expectation and you shall receive, for the manifestation of abundance is happening right now. Align with it by sharing your good

fortune with others, whether you give money, loving guidance, the gift of listening, or kindness in any form. Immerse yourself in the flow of generous abundance, being a channel for Turkey Spirit and the desire of Spirit to see all beings experience the blessing of plenty. Give with gratitude and grace, from a wellspring of love and compassion, knowing that Spirit will respond by giving you all that you need in this moment and all moments to come.

Protection Message: Are you giving in order to receive in kind, keeping tally of how much you have given and what is owed you? This is not the way to experience abundance. When Turkey Spirit is in the protection position, it is a reminder to let go of any perception of scarcity or fear that if you give too much you will not have enough for yourself. Use your spiritual practices to reconnect with Spirit and remember how it feels to embody abundance, and you will give as much as is needed right now. Know that whatever you need to fill your stores

is coming to you right now: love, prosperity, knowledge, and assistance from allies who are everywhere and want you to be the abundance you seek. Turkey Spirit is here to tell you that everything evens out when you are aligned with the Law of Abundance as Spirit wants you to be. Abundance is yours.



Turtle Spirit

"Slow and steady wins the race."

Oracle Message: Turtle Spirit arrives to remind you that when you do what you need to do, putting one foot in front of the other and trusting that you will see your intentions manifest in perfect timing, your prosperity and love will grow exponentially. Now is not the time to rush around trying to force matters. Move slowly, perhaps even so slowly that it almost feels

as if you are not moving at all! This may be a time to crawl before walking, taking your time to align to Turtle Spirit's place as you contemplate this road you are on, doing what you need to do in this small moment that will soon pass.

Turtle Spirit reminds you that sometimes the best action is to slow right down, so if it feels as if you are not doing enough, know that simply being aware of what is happening right now may be an important step toward determining whether you need to pivot or simply keep putting one foot in front of the other. "True love and true success comes with Patience," says Turtle Spirit. Focus on the now, and the next step will be clear.

Protection Message: Pushing too hard or rushing to leave others in the dust is not the way of Turtle Spirit, even if it seems at times it is the way of the world. Turtle Spirit wants you to remember that you are a human being not a human doing. In the protection position, Turtle Spirit is giving you the message that the best

thing to do right now is let go of the drive to compete or control and do more; instead, simply be. As an old Norse saying goes, "We do without doing and everything gets done." Spirit conspires on your behalf, so slow to a crawl or even stop, releasing any fear that life is a race that you might be losing. Trust that peace, prosperity, love, and purpose are all yours to enjoy right now. Do not "do." Simply be.



Vulture Spirit

"Nothing is wasted."

Oracle Message: What seems hideous has its own beauty, and the recycling and repurposing the vulture does is as important as any other activity in nature that supports the cycle of life. Vulture Spirit's message is that nothing is to be wasted, for Nature sees value in everything that exists. What seems rotten and ugly has the potential to be transmuted into something beneficial, and you are reminded

that any suffering you have experienced has not gone to waste. Wisdom and understanding that arose from the experience are talismans that will serve you on your journey wherever you go. What is decaying is only changing form and will fertilize seeds you wish to plant, turning that which has passed away into the substance that will support new growth. All that you might wish to deny or discard has value and can be repurposed and reintegrated into the new you that you are becoming and the new life that you are dreaming into being. No pain was in vain and no experience was wasted, for you have the power to use it to co-create something far better. This is the miracle in your partnership with Spirit.

Protection Message: Do you wish you could run away from your past or deny your mistakes? "Not so fast," says Vulture Spirit. You have gained something valuable from the experience. Let your grief or anger move through you and soon your emotions will transform, for you will come to see that you have learned and grown. The alchemy of transformation is a gift from Spirit, so never disown what embarrassed, disappointed, or shamed you. It will soon be a source of great wisdom and strength as you work with the magic that allows miracles to be created out of sadness and beauty to arise from ugliness. Vulture Spirit wants you to know that you embody beauty, and the alchemical transformation of the past is happening already. Hang in there; you are so loved, and so much beauty is waiting to come out of all of this.



Wasp Spirit

"Sometimes, life stings."

Oracle Message: Not all that Spirit creates in nature is easy to love, but when we look through the eyes of Wasp Spirit, we recognize that even though, sometimes, life stings, there is a purpose for pain just as there is a purpose for wasps in the natural world. Wasps keep insect populations down, supporting the growth of plants. So, too, the sting of life may hurt and you may feel deeply disappointed or even resentful that

Wasp Spirit has shown up, but you will soon come to see that Spirit has something wonderful in store for you. You may well come to realize that being stung led to something far better than you had envisioned for yourself. Perhaps, behind the scenes, Wasp Spirit was conspiring with Spirit to ensure that you could grow something of value to you. Spirit has a plan, and Wasp Spirit plays a part.

Have you ever looked back and been glad your prayers weren't answered because the path you took led to something far better? Wasp Spirit is a reminder to reflect on those times, for today's sting may hurt, but something better awaits you.

Protection Message: Are you holding on to anger, jealousy, or resentment because you got stung? Or could you have just stung yourself by comparing yourself to others? There will always be someone else who is more successful, happier, thinner, richer, etc. Jealousy is the false belief that you can't have what you want or someone could take away something that was

supposed to be yours. Let it go and release all those feelings that are making the sting hurt long after the stinger has been removed. Wasp Spirit has woken you up, and now you are called to trust that disappointment can lead you to a different and better path. Align with Spirit now, and trust that this too shall pass and is already doing so, for the pain subsides when you stop telling the story of how much it hurt.



Whale Spirit

"Trust the great mystery."

Oracle Message: Whale Spirit is an ancient creature who was here at the beginning of time and who has seen everything, felt everything, and heard everything that has ever transpired on this planet. In the Hidden Realms where all things must gather first before manifesting into form, Whale Spirit is the keeper, singing the soul of the whole world from the deepest

waters of the coldest seas. When Whale Spirit appears, it is a reminder that there is a Great Mystery that you must accept without intellectually trying to understand it. Some things cannot be known by the mind, only experienced through the heart, through intuition and through the peripheral senses that part the invisible veils separating the visible world from the Great Manifesting Consciousness in the hidden realms. Now is the time for you to immerse yourself in the Great Mystery of Spirit and to trust that within the Invisible, what you can't see now are the seeds of your intentions being tended to by angels.

Protection Message: Certainty is not offered to you right now. You are being asked to trust the process of co-creation. Whale Spirit reminds you that your primary reality is not that of the material world but that of the Realm of Spirit, from which the essence of your dreams and desires take shape before arriving as a specific form. You must trust absolutely that what will

come will be for the highest good. Stay in your present moment awareness and allow the Hidden Realms to hold your intentions safely until it is time for them to manifest in the Realm of Form. Let go, for you will not be left behind. Some things take longer than others to arrive.



White Raven Spirit

"Trust in the magic."

Oracle Message: Nothing in the universe is random, for the intricate web of co-creation weaves together all events and has done so since the beginning of time. Coincidences have meaning, and White Raven Spirit appears to remind you to pay attention to these synchronicities so that you might recognize patterns. Even the winds dance in a pattern, participating in the magic of Spirit's plan for all.

Align with the highest good and intentions, and you will come to see that White Raven is guiding you, an ally to you and a messenger from Spirit. Align with the Light, and you will start to recognize that all is working together harmoniously in ways the eye can't always see and the mind can't always comprehend. The universe is conspiring on your behalf right now, drawing you to the light and bringing you the magic and miracles that are your birthright. Now is the time to trust in the magic of the world that is everywhere and in all things. Pay attention to how things come together as if by magic, and you will see the hand of Great Spirit arranging things in your favor.

Protection Message: Are you being distracted by the illusion of a chaotic universe? Deep in your heart, you know the world is full of magic, and White Raven has appeared to remind you that the ways of the world can cause spiritual amnesia. Stay awake and alert, for Spirit wants you to enjoy the miracles all around you.

Remember, the evidence of divine order can be seen everywhere. Ask for a sign, and it shall be yours. Synchronicities happen all the time, so if you are in a time of challenge and feeling cynical, all you need to do is ask for a reminder. White Raven will appear to reassure you that all of this is leading to something better, for magic is in the wind.



Wolf Spirit

"Turn knowledge into wisdom."

Oracle Message: Wolf Spirit leads you deep into the enchanted forest that holds the secrets to your life. Can you sense her beckoning you to follow, asking you to take all you have learned and all you are learning and make it yours? Can you integrate it all into your body, mind, and spirit? Whatever lessons you learned along the way, do not leave them unexamined. Be loyal

to your dreams, to your soul, and to turning knowledge into wisdom and experience into magic. You are the one you have been waiting for. Be still and know that the sound of your heart beats in harmony with the whole world. The appearance of Wolf Spirit is an auspicious omen that says you are truly in alignment with your destiny.

Protection Message: What is unknown is still yet to be discovered. When Wolf Spirit appears, you are being told not to pretend you know something when you don't. You won't impress anyone with a little bit of knowledge. In fact, you rob yourself of a true experience and education if you tell yourself you are done learning or you don't have to know something. Be open, be humble, be teachable, and the world will open itself up for you like magic. Now is the time to look into the world with reverence and awe and an insatiable curiosity. You will never grow old if you are willing to keep learning. Wolf Spirit is waiting to be your mystical, loving guide.



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Wombat Spirit

"Be at home."

Oracle Message: Burrowing deep into the ground, remaining safe, sound, and well-fed with family, is a special trait of the wombat. Home sweet home is always available if you recognize that well-being is the truth of life. Wombat Spirit reminds you that to be truly at home in the world, you need to find comfort within your own skin. You do this by accepting

all your experience without judgment, through a deep honesty and love of life. When you feel the freedom to be yourself, you can begin to truly feel at home in your life, with your family and tribe. Right now you're in a beautiful place where you can hang up the coat of your identity and settle in to a true sense of home and well-being, understanding that all is well. Everything you do from this place rings true in harmony with Spirit.

Protection Message: Could it be that you're not feeling comfortable in your own skin, thinking that the only way you can be with others is to hide under the protection of a mask or identity you created to protect yourself from getting hurt? This mask or persona is supposed to make you look strong, but it really just robs you of your integrity.

Wombat Spirit arrives to nudge you to drop the false masks because it is not others who will hurt you now. It is you who are hurting yourself when you aren't being authentic. It's okay, though; you can course-correct if you are willing to be yourself no matter what comes. Even if others are not in agreement with your authenticity, you are safe with Spirit.

About the Artist

Jena DellaGrottaglia is a native New Yorker who now lives in Los Angeles with her husband, soul mate, and best friend, Daniel. She also has an affinity for animals, as her adopted four cats would attest to wholeheartedly. She is a self-taught artist who believes in being eclectic and unique in her styles, hoping to always evolve and create new and wondrous art. Her influences range from Michael Parkes and Gil Bruvel to the amazing Terese Nielsen and many more.

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Colette Baron-Reid is an internationally respected spiritual intuitive, psychic medium, educator, and oracle expert. Her best-selling books and oracle cards are published worldwide in 27 languages. She is the founder of Oracle School, a global online learning platform with students in 26 countries, where self-empowerment, co-creation, and ancient oracles meet in a modern contemporary way. Colette is also the creator of the energy psychology technique the Invision Process®. She spends her time between Canada and the USA with her husband and two Pomeranians.

Colette is the author of Remembering the Future, Messages from Spirit, The Map, Uncharted, and the best-selling oracle decks and apps The Wisdom of Avalon, Wisdom of the

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